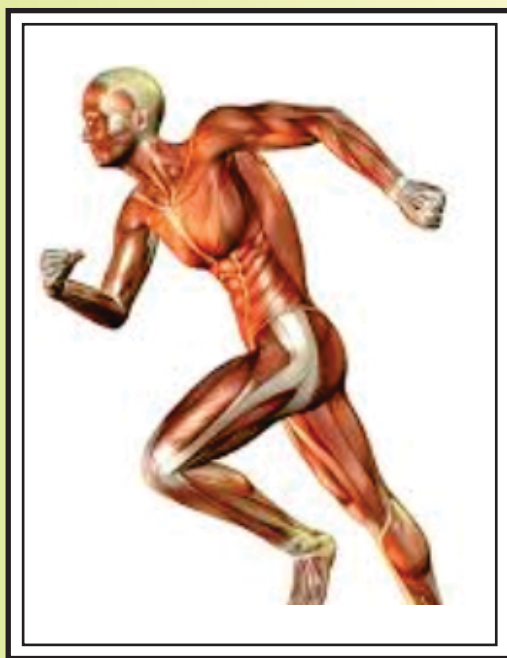


MOHSIN
DEHLVI



DEHLVI SPECIALITY SERIES-3

MUSCULOSKELETAL



DISORDERS



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The musculoskeletal system includes the muscles and tendons, bones, joints, ligaments and connective tissues of the body, together with the neurological elements responsible for locomotor control. Muscles and bones form a framework that protects and hold in place the vital organs of the body.

Fundamental to the engineering functions of the body is the skeleton, an articulated framework of more than 200 bones, whose function is both to support the body and to help to move it. The joints at the ends of the bones withstand enormous forces. Even a minor injury can cause major disruption to this complex structure.

Musculoskeletal disorders and injury are prime cause of short-term disability (e.g. trauma, back pain) and chronic disability (e.g. arthritis). Many people develop musculoskeletal disorders related to overuse of weak or improperly stretched muscles, tendon or ligaments. Strenuous daily vocational activities such as lifting, bending or prolonged typing, can cause musculoskeletal pain through constant stress on the musculoskeletal system. As the population ages, more and more individuals complain of pain related to osteoarthritis, contracture and degenerative disc disease. All of these disorders may interfere with normal vocational and recreational activities.

In modern system of medicine, the drugs often used in the treatment are antiinflammatory, analgesics, antipyretic, corticosteroids, immunosuppressive and muscle relaxant.

These drugs offer good symptomatic relief but have a number of side effects like nausea, vomiting, acid-peptic disorders, irritation of the gastrointestinal tract, liver and kidney damage, etc. In chronic cases, the treatment is obviously prolonged. The herbal system has a number of medicines that not only provide symptomatic relief but attacks the root cause without any known side effects. Dehlvi has many useful preparations to treat musculoskeletal disorders.

Aloe Vera Jelly

It contains essential vitamins (A, B & C), minerals (calcium, zinc, copper, iron, potassium and magnesium), amino acids and fatty acids. It is a natural detoxifier that boosts immune system, increases beneficial intestinal flora, soothes and repairs damaged and inflamed tissue. It increases regeneration of liver cells and repairs liver damage due to hepatitis, chemicals, medication and alcohol. Removes rheumatic pains and lumbago and is useful in cough and asthma. The amino acids present in Aloe vera Jelly helps to keep the skin young and healthy. Beneficial for old aged people in winters.



Composition: Each 25 g contains: Myristica fragrance Aril (Jawitri), Myristica fragrance Nut (Jaiphal) each 5 mg, Withania somnifera (Ashwagandha), Elettaria cardamomum (Elaichi Choti), Chlorophytum arundinaceum (Safed Musli), Curculigo orchoides (Kali Musli), Triticum sativum (Gandum) each 11 mg, Myrtus caryophyllus (Laung) 14 mg, Orchis latifolia (Salab Punja) 81 mg, Gossypium herbaceum (Binaula), Asparagus racemosus (Shatavari), Buchanania latifolia (Chironji) each 108 mg, Prunus amygdalus (Badam) 270 mg, Clarified Butter (Ghee Desi) 1.087 g, Acacia arabica (Gond Kikar), Trapa bispinosa (Singhara) each 1.302 g, Aloe vera (Gheekwar) 1.630 g, Milk Roasted (Khoya) 3.260 g, Phoenix dactylifera (Khajur) 3.912 g, Sugar 12.208 g, Pandanus odoratissimus Distillate (Arq Kewra) q.s.

Indications: Rheumatism, lumbago, back pain, lack of immunity, liver dysfunction, cough, asthma, stomach burn, stomach ulcers and unhealthy skin.

Dosage: 25 g in the morning or at night with 250 ml milk.

Presentation: In packs of 250 g.

Calvit-C

Contains natural calcium and Vitamin C. Calcium is essential for the growth and development of healthy bones and strong teeth. Pregnant women, nursing mothers, children, and adolescents may need more calcium than they normally get from eating calcium-rich foods. Calcium is also useful in osteoporosis and helps control blood cholesterol levels, assists nerve, muscle and digestive function, regulates heart muscle function and sleep. In growing children it is useful for healthy bones and optimal growth, for quick healing of fractures and in Calcium Deficiency Syndrome whereas Vitamin C lowers blood pressure and cholesterol levels, helps thin the blood and protect it against oxidation. Vitamin C also helps prevent atherosclerosis by strengthening the artery walls through its participation in the synthesis of collagen, and by preventing the undesirable adhesion of white blood cells to damaged arteries.



Composition: Each 500 mg. capsule contains : Cypraea moneta Calx. (Kushta Sadaf), Gypsum Calx. (Kushta Gaodanti), Trapa bispinosa (Singhara) each 40 mg, Emblica officinalis, Fresh (Amla) 50 mg, Emblica officinalis Powder (Amla) 330 mg

Indications: Osteoporosis, menopausal bone deterioration in women, and calcium and vitamin C deficiency.

Dosage: 2 capsules twice daily with water.

Presentation: In packs of 60 Capsules.



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Dehlvi Roghan Phosphorus

Provides symptomatic relief in backache, tennis/golfers' elbow, frozen shoulder, sprains, sciatica, polio in children, muscular pains, muscular cramps, muscles under stress and strain, swelling and stiffness of joints and other musculoskeletal affections.

Composition: Each 10 ml contains: Trachyspermum ammi (Ajwain), Piper longum (Pipal), Anthemis nobilis (Babuna), Phosphorus Yellow (Johar Ustkhwan), Colchicum luteum (Suranjan Kadwa) each 100 mg, Calotropis gigantea (Madar), Strychnos Nux-vomica Detoxicated (Kuchla), Allium sativum (Lehsun), Myrtus caryophyllus (Laung), Ricinus communis (Arandi), Celastrus paniculatus (Malkangani), Saussurea lappa (Qust Shirin), Zingiber officinale (Sonth), Bees Wax Yellow (Mom) each 200 mg, Brassica juncea Oil (Sarson Ka Tel) q.s.

Indications: Backache, cervical spondylitis, fibrositis, frozen shoulder, gonalgia, gout, lumbago, muscular rheumatism, muscular cramps and pains, myalgia, myositis, osteoarthritis, rheumatic and rheumatoid arthritis, tennis/golfers' elbow, sciatica, sports injuries, sprains and tendinitis.

Usage: Apply a small quantity of the oil with cotton on the affected part and rub gently till absorbed. Repeat the process two or three times a day. Sensation of warmth and emission of fumes which glow in the dark are due to the presence of Phosphorus in the oil.

Presentation: In packs of 30 ml and 60 ml.



Haldi Sports Injuries Capsules

Useful in sports injuries, joint pains and arthritis. It benefits the joints and the muscles by increasing the microcirculation to the affected area as well as by strengthening muscles, ligaments and bones.

Composition: Each 500 mg capsule contains: Emblica officinalis (Amla), Terminalia bellerica (Bahera) each 75 mg, Zingiber officinale (Sonth) 100 mg, Curcuma longa (Haldi), Commiphora mukul (Guggul) each 125 mg

Indications: Sports injuries, arthritis and joint pains.

Dosage: 2 capsules twice daily along with meals with water.

Presentation: In packs of 60 Capsules.



Nopain Tablets

Provides prompt relief in articular and muscular rheumatism with or without inflammatory and febrile complaints, aches, swelling, stiffness and pain of joints and other musculoskeletal inflammations.

Composition: Each 500 mg. tablet contains: Colchicum luteum (Suranjan Talkh) 250 mg, Commiphora mukul (Guggul) 75 mg, Withania somnifera (Ashwagandha), Abutilon indicum (Kanghi), Asphaltum Purified (Shilajit) each 50 mg

Indications: Backache, cervical spondylitis, fibrositis, frozen shoulder, gonalgia, gout, low back pain, muscular rheumatism, muscular pains, myalgia, myositis, osteoarthritis, rheumatic and rheumatoid arthritis, tennis/golfers' elbow, sciatica, sports injuries, sprains and tendinitis.

Dosage: 2 tablets twice daily after meals with water.

Presentation: In packs of 50 tablets and 100 tablets.



Osto-P

Osto-P is a unique complex herbal formula that helps support bone metabolism and maintain bone density. It helps to slow bone loss and reduce the incidence of fractures. Being a natural source of calcium, it eliminates the risk of abnormally high calcium levels in blood, thereby helps in preventing formation of calcium stones in the urinary tract. The presence of phytoestrogens helps in modulating the synthesis and utilization of various hormones to restore the hormonal balance without any side effects.

Composition: Each 500 mg. capsule contains: Cyprae moneta Calx. (Kushta Sadaf), Gypsum Clax. (Kushta Gaodanti), Piper longum (Pipal) each 75 mg, Asphaltum (Shilajit), Withania somnifera (Ashwagandha) each 100 mg, Nux-vomica (Kuchla) 125 mg

Indications: Postmenopausal osteoporosis, senile osteoporosis in males and females, post pregnancy osteoporosis, drug induced osteoporosis, general skeletal health and bone fractures.

Dosage: 2 tablets twice daily after meals with water.

Presentation: In packs of 60 Capsules.



Ostopain Massage Oil / Tablets/Ointment

Provides prompt relief in backache, frozen shoulder, sprains, sciatica, muscular pains, muscular cramps, muscles under stress and strain, swelling and stiffness of joints and other musculoskeletal affections.

Composition: Massage Oil: Each 100 ml. contains: Ricinus communis Oil (Arandi) 10 ml, Curcuma amada (Amba Haldi), Allium sativum (Laahsun Taza), Colchicum luteum (Suranjan Kadwa), Acorus calamus (Waj Turki) each 5 mg, Pinus longifolia Oil (Cheer), Cedrus deodara Oil (Deodar), Celastrus paniculatus Oil (Malkangani), Mentha x piperata Oil



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(Peepermint) each 5 ml, Cinnamomum camphora Oil (Kafoor) 3 ml, Cinnamomum zeylanicum Oil (Dalchini) 2 ml, Brassica juncea Oil (Sarson) q.s.

Tablet: Each 500 mg tablet contains: Strychnos Nux-vomica Detoxified (Azaraq), Withania somniferum (Ashwagandha), Pyrethrum indicum (Buzidan) each 73.0 mg, Cypraea moneta (Kushta Sadaf), Colchicum luteum (Suranjan) each 73.5 mg, Commiphora mukul (Muqil) 74.0 mg, Excipient q.s.

Ointment : Each 10 g contains: Cinnamomum zeylanicum Oil (Darchini) 0.138 ml, Cinnamomum camphora Oil (Kafoor) 0.207 ml, Pinus longifolia Oil (Cheer), Cedrus deodara Oil (Deodar), Celastrus paniculatus Oil (Malkangani), Mentha piperata Oil (Peepermint) each 0.345 ml, Curcuma amada (Amba Haldi), Allium sativum (Lahsun Taza), Colchicum luteum (Suranjan Kadwa), Acorus calamus (Waj Turki) each 345 mg, Brassica juncea Oil (Roghan Sarson) 0.689 ml, Ointment Base q.s.

Indications: Backache, cervical spondylitis, fibrositis, frozen shoulder, gonalgia, gout, low back pain, muscular rheumatism, muscular cramps and pains, myalgia, myositis, osteoarthritis, rheumatic and rheumatoid arthritis, tennis/golfers' elbow, sciatica, sports injuries, sprains and tendinitis.

Dosage: Oil / Ointment: Apply a small quantity of the oil / ointment on the affected part and rub with gentle hands till absorbed. Repeat two or three times a day.

Tablets: 2 tablets twice daily after meals with water.



Pearl Calcium Capsules

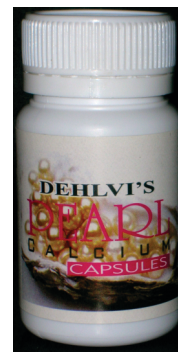
Made from oyster shells, it contains natural calcium (38-45%) which is essential for the growth and development of healthy bones and strong teeth. It is also useful in osteoporosis. In growing children it is useful for healthy bones and optimal growth, during lactation, for quick healing of fractures and in Calcium Deficiency Syndrome.

Composition: Each 500 mg. capsule contains : Cypraea moneta Calx. (Kushta Sadaf) 500 mg.

Indications: Osteoporosis, menopausal bone deterioration in women, healthy bones in growing children, and calcium deficiency.

Dosage: 1 capsule twice daily with water.

Presentation: In packs of 60 Capsules.



Rheuma Capsules

It is a safe herbal anti-inflammatory and anti-rheumatic formulation. It inhibits prostaglandin synthesis, reduces tenderness of joints, relieves pain, swelling and stiffness fast without Gastrointestinal side effects. A herbal NSAID (Non-steroidal anti-inflammatory drug) it is safe for prolonged use.

Composition: Each 500 mg. capsule contains: Nigella sativa (Kalonji) 25 mg, Zingiber officinale (Sonth), Nux-vomica Detoxified (Kuchla), Commiphora myrrha Purified (Guggal), Smilax china



Purity Assured



(Chobchini), Withania somnifera (Ashwagandha) each 75 mg, Colchicum luteum (Suranjan Shirin) 100 mg

Indications: Arthritis, rheumatism, gout, lumbar pains, morning stiffness, musculoskeletal pains, osteoarthritis, rheumatoid arthritis, low back pain and sprains.

Dosage: 2 capsules twice daily after meals with water.

Presentation: In blister packs of 100 Capsules.

Roghan Dard

Useful in backache, frozen shoulder, sprains, sciatica, muscular pains, muscular cramps, muscles under stress and strain, swelling and stiffness of joints and other musculoskeletal affections. Also useful in burns, cuts and wounds.

Composition: Each 100 ml contains: Colchicum luteum (Suranjan Kadwa), Taxus baccata (Sugandh Kokla), Saussurea lappa (Meetha Kut), Myristica fragrans Aril (Jawitri) each 0.5 g, Myristica fragrans Nut (Jaiphal) 1 g, Zingiber zerumber (Narkachoor), Cinnamomum zeylanicum (Darchini), Parmelia perlata (Charila) each 2.5 g, Santalum album (Sandal Safed), Onosma echioides (Ratanjot) each 3 g, Sesamum indicum Oil (Til) q.s

Indications: Backache, frozen shoulder, sprains, sciatica, muscular pains, muscular cramps, muscles under stress and strain, swelling and stiffness of joints and other musculoskeletal affections, burns, cuts and wounds.

Usage: Apply 2 or 3 times a day on the affected area and massage slowly till the oil is absorbed. For burns, cuts and wounds apply on the affected area.

Presentation: In PET bottles of 25 ml, 50 ml and 100 ml.



Dehlvi Suranjan Mufasil Capsules

Majun Suranjan is presented in a convenient capsule form. Useful in all kinds of pains like rheumatism, gout, sciatica, etc. Expels uric acid deposits from the blood and joints. Removes constipation.

Composition: Each 500 mg. capsule contains: Valeriana wallichii Ext. (Tagar), Piper longum Ext. (Pipal), Carum carvi Ext. (Kala Zeera), Zingiber officinale Ext. (Sonth) each 43.5 mg, Cassia angustifolia Ext. (Sana) 108 mg, Hermodactylus gol Ext. (Suranjan Meetha) 218 mg

Indications: Rheumatism, gout, sciatica, constipation and excess uric acid in body.

Dosage: 1 or 2 capsules at night with water.

Presentation: In packs of 26 Capsules.



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SINGLE HERBS

Ashwagandha Capsules/Tablets

Useful in rheumatoid arthritis and helps recovery from chronic illness.

Composition: Each 250 mg capsule/tablet contains: Withania somnifera Ext. (Ashwagandha) 250 mg

Indications: Arthritis, asthma, convalescence, general debility, lumbago, rheumatism and rheumatoid arthritis.

Dosage: 1 capsule/tablet twice daily before meals with water.

Presentation: In packs of 60 Capsules./ Tablets.

Guggul Capsules

It also has marked antiarthritic effect, comparable to that of hydrocortisone and is useful in arthritis, rheumatism and rheumatoid arthritis. It helps stimulate the regeneration of nerve tissue as well as bones and joints.

Composition: Each 250 mg capsule contains: Commiphora mukul Ext. (Guggulu) 250 mg.

Indications: Arthritis, General Debility, Gout, Lumbago, Morning Stiffness, Osteoarthritis, Rheumatism, Rheumatoid Arthritis and Sciatica,

Dosage: 1 capsule twice daily after meals with water.

Presentation: In packs of 30 Capsules.

Salai Guggul (Boswellia) Capsules

Medical investigations have shown that the gum-oleoresin, known as 'Boswellia', is beneficial in cases of rheumatoid arthritis with no side effects as those seen with traditional drugs of choice. Boswellia was also found to improve blood supply to the joints and restore integrity of vessels weakened by spasm. It is now an approved herbal medicine in India for use against osteoarthritis, rheumatoid arthritis, soft tissue rheumatism, low back pain, myositis and fibrositis.

Composition: Each 250 mg capsule contains: Boswellia serrata Ext. (Salai Guggul) 250 mg.

Indications: Arthritis, Bursitis, Fibrositis, High LDL Cholesterol Levels, Low Back Pain, Morning Stiffness, Myositis, Osteoarthritis, Rheumatism, Rheumatoid Arthritis and Sports Injuries.

Dosage: 2 capsules twice daily before meals with water.

Presentation: In packs of 60 Capsules.

OTHER PROPRIETARY & GENERICS

Besides the above, Dehlvi manufactures a number of proprietary and generic medicines that are useful in Musculoskeletal Disorders. Some of them are :Curcuma Capsules, Dehlvi Asab Plus, Dehlvi Asab Nuqrai, Dehlvi Blue Balm, Habbe Asgand, Habbe Azaraqi, Habbe Suranjan, Halwa Gheekwar, Kushta Gaothanti, Majun Azaraqi, Majun Chobchini, Majun Suranjan, Qurs Musakkin, Roghan Babuna, Roghan Keemia, Roghan Malkangani, Roghan Suranjan and Roghan Surkh.