

MOHSIN  
DEHLVI



## DEHLVI SPECIALITY SERIES-4

# RESPIRATORY SYSTEM



# DISORDERS



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The respiratory system begins with the nose and mouth and continues through airways to the lungs, where oxygen from the atmosphere is exchanged for carbon dioxide from the body's tissues.

The human body cannot survive for more than a few minutes in an environment that lacks oxygen. Oxygen is required for the normal functioning of all living body cells. Infection is always a potential threat to the lungs because this organ is in constant contact with the outside air and therefore is constantly exposed to infectious agents due to environmental pollution and unhygienic conditions.

Respiratory system disorders are broadly classified into two major groups. Upper Respiratory Tract Infection (URTI) such as the common cold, sore throat, sinusitis, pharyngitis, laryngitis, tonsillitis, and tracheitis. They constitute 10-20% of all practice consultation. Lower Respiratory Tract Infection (LRTI) like bronchial asthma, acute and chronic bronchitis, emphysema, pneumonia, pleuritis, etc. All these disorders are caused by allergy or viral and bacterial infections.

In modern system of medicine, the drugs often used in the treatment are antiallergics, antibiotics, bronchodilators, corticosteroides, antitussive, antihistamines, expectorants, mucolytics, decongestants, etc.

These drugs are effective but have a number of side effects like nasal dryness, dizziness, rapid heart rate, blood pressure elevation, nervous stimulation, nausea and common gastrointestinal irritation or distress. In chronic cases, the treatment is obviously prolonged. The herbal system has a number of medicines that not only provide symptomatic relief but attacks the root cause without any known side effects. Dehlvi has many useful preparations to treat respiratory system disorders.

## AsmaCap

It is useful in bronchial asthma and bronchitis. It contains time-tested bronchodilators, antihistaminic, mucolytic and expectorant herbs that build long term natural immunity to allergens and stress which trigger asthma and other respiratory tract ailments. It reduces inflammation and constriction in the respiratory tract and prevents oedema - stagnation of fluids and mucus in the lungs and dilates the airways making breathing easy and smooth. It reduces allergic manifestations thereby prevent seasonal attacks. As AsmaCap is plant based it is devoid of any harmful side effects and normally does not interact with any other medications that are already being administered. It is completely safe for long-term use.



**Composition:** Each 500 mg. capsule contains: Iris germanica (Bekhe Banafsha), Rhus succedanea (Kakra Singhi), Piper nigrum (Kali Mirch), Adhatoda vasica (Arusa), Apium graveolens Ext. (Ajmod), Glycyrrhiza glabra (Rubussoos), Talc Mica Calcined (Kushta Abrak), Hyssopus officinalis (Gule Zufa), Ephedra sinica Ext. (Somlata), Althaea officinalis (Khatmi) each 50 mg

**Indications:** Asthma, bronchitis, tightness in the chest, dyspnoea (shortness of breath), respiratory tract infection, wheezing sound, especially when exhaling and persistent cough, especially at night.

**Contraindications:** Not recommended in high blood pressure and during pregnancy and lactation.

**Dosage:** 1 capsule twice or thrice daily.

**Presentation:** In packs of 60 Capsules.

## Dehvi Abresham Unnabi-SF

Khamira Abresham Shira Unnabwala is presented in a revolutionary sugar free form. With all the goodness of Khamira Abresham Shira Unnabwala, Dehvi Abresham Unnabi-SF meets the demands of this modernized age. Useful in dry cough, phthisis and tuberculosis. Is also useful in nervous debility, anxiety states and palpitation. Reduces the heat of the stomach. Also strengthens the brain and lungs and increases eyesight.

**Composition:** Each 5 g dose contains: Argentum Leaf (Warq Nuqra) 8.32 mg, Ambra grasea (Ambar) 18.31 mg, Crocus sativus (Zafran) 27.47 mg, Borago officinalis (Berge Gaozaban), Santalum album (Sandal Safed), Zizyphus vulgaris (Unnab), Malus sylvestris Juice (Aabe Seb Shirin), Malus sylvestris Juice (Aabe Seb Tursh), Punica granatum Juice (Aabe Anar Shirin), Vitis vinifera Juice (Aabe Angoor), Pyrus cydonia Juice (Aabe Behi) each 274.68 mg, Bombyx mori (Abresham) 1.373 g, Sorbitol 373 mg, Fructooligosaccharides Pdr. 1 g, Rosa damascena (Arq Gulab) q.s.

**Indications:** Dry cough, tuberculosis, nervous debility, anxiety, cerebral atony and weakness of eyesight.

**Dosage:** 5 g in the morning on an empty stomach with water.

**Presentation:** In packs of 60 g and 125 g



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## Dehlvi Itrefal Jarroob Dimagh-SF

Itrefal Ustkhuddus is presented in a revolutionary sugar free form. With all the goodness of Itrefal Ustkhuddus, Dehlvi Itrefal Jarroob Dimagh-SF meets the demands of this modernized age. Specially useful in chronic catarrh. Regular use prevents premature graying of hair. Also strengthens the brain, stomach and intestines and removes constipation.

**Composition:** Each dose of 5 g contains: Terminalia chebula Pericarp (Post Halela Zard), Terminalia chebula (Post Halela Kabuli), Terminalia chebula Black (Halela Siah), Terminalia belerica (Post Balela), Emblica officinalis (Amla), Cassia angustifolia (Berge Sana), Ipomoea turpethum (Turbud Safed), Polypodium vulgare (Bisfayej), Lavandula stoechas (Ustkhuddus), Pistacia lentiscus (Mastagi), Cuscuta reflexa (Aftimoon), Vitis vinifera (Kishmish), Vitis vinifera (Mavaiz Munaqqa) each 90.09 mg, Prunus amygdalus Oil (Roghan Badam Shirin) 450.45 mg, Sorbitol 1.350 g, Fructooligosaccharides Pdr. 2.028 g

**Indications:** Chronic catarrh, headache, migraine, sneezing, sinusitis, premature greying of hair, cerebral atony, weakness of digestive stomach and constipation.

**Dosage:** 5 g at night with lukewarm water.

**Presentation:** In packs of 125 g and 250 g.



## Dehlvi Joshanda Granules

A well known remedy for common cold, coughs, nasal congestions, influenza, catarrh and seasonal changes. Also reduces fever caused by them. Now also in a convenient and easy-to-use granules form.

**Composition:** Each 5 g sachet contains: Viola odorata Fl. Ext. (Gul Banafsha) 240 mg, Glycyrrhiza glabra Ext. (Mulethi), Borago officinalis Ext. (Gaozaban), Althaea officinalis Ext. (Khatmi), Malva sylvestris Ext. (Khubbazi) each 400g, Cordia latifolia Ext. (Sapistan), Zizyphus jujuba Ext. (Unnab) each 480 mg, Sugar q.s.

**Indications:** Common cold, coughs, nasal congestions, influenza, catarrh and seasonal changes. Also reduces fever caused by them.

**Dosage:** One sachet dissolved is half a cup of hot water in the morning and at bed time.

**Presentation:** 5 g granules x 50 Pc Sachet Jar, 100 Pc Sachet Jar and 250 Pc Sachet in SS Tin Container.



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## KufNo Syrup / KufNo-SF

15 herbal extracts are masterfully blended into this highly effective yet pleasant tasting herbal formula to strengthen healthy lung function and support the mucous membranes in the respiratory tract, promoting clear and healthy bronchial passages. Provides natural antioxidants that support the immune system, easing the stresses of winter's insults and environmental pollutants as well as seasonal changes. Sugar Free (SF) option is also available with the same benefits.

**Composition:** Each 10 ml contains : Adhatoda vasica (Arusa), Zizyphus jujuba (Unnab) each 120 mg, Borago officinalis (Gaozaban) 90 mg, Linum usitatissimum (Alsi), Foeniculum vulgare (Saunf), Tachyspermum ammi (Ajwain) each 85 mg, Borago officinalis Fl. (Gaozaban) 75 mg, Cordia latifolia (Sapistan), Althaea officinalis (Khatmi), Bombyx mori (Abresham), Glycyrrhiza glabra (Mulethi), Adiantum capillus-veneris (Hansraj) each 65 mg, Cydonia oblonga (Behidana), Plantago ovata (Isabghol) each 25 mg, Mentha arvensis Crystal (Sat Pudina) 2 mg, Sugar\* q.s.

**\* In KufNo-SF Sugar is replaced with a Sugar Free Base.**

**Indications:** Unproductive or dry cough, nasal congestion, sneezing, bronchitis, congestion of the lungs, laryngitis, smoker's cough, sore throat, spasmodic cough and whooping cough.

**Dosage:** 10 ml. in the morning and evening mixed with lukewarm water.

**Presentation:** In PET bottles of 100 ml, 200 ml and 500 ml.



## KufNo Tablets

Arrests harassing cough, causes expulsion of morbid and toxic phlegm and clears the throat and lungs. Very useful in bronchitis.

**Composition:** Each 1 gm. tablet contains : Adhatoda vasica (Arusa), Ocimum sanctum (Tulsi), Glycyrrhiza glabra (Mulethi) each 1.15%, Foeniculum vulgare Oil (Saunf), Eucalyptus globulus Oil (Nilgiri), Mentha x piperita Oil (Peepermint) each 0.12%, Sugar q.s.

**Indications:** Bronchitis, congestion of the lungs, dry cough, laryngitis, smoker's cough, sore throat, spasmodic cough and whooping cough

**Dosage:** 2 tablets to be sucked 3 or 4 times a day. Children should be given 1 tablet dissolved in warm water.

**Presentation:** In packs of 80 Tablets and 400 Tablets.



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## Sehat Bakhsh

Very useful in the initial stages of tuberculosis. After a few doses it kills the tuberculosis organisms, reduces inflammation of the lungs and heals the holes or cavities of the lungs formed as a result of tissue destruction. Useful in cough and fever. Increases immunity.

**Composition:** Each 10 ml contains: Aqueous distillate from: *Cochlospermum religiosum* (Katira), *Triticum sativum* (Nishasta), *Glycyrrhiza glabra* Ext (Rubbussoos), *Hemiptera* (Shakkar Teghal), *Bambusa arundinacea* (Tabasheer) each 3 mg, *Crocus sativus* (Zafran), *Serpent Stone* (Zaher Mohra ) each 6 mg, *Glycyrrhiza glabra* (Aslussoos), *Nepeta cataria* (Badranjboya), *Plantago major* Leaves (Berge Bartang), *Fumaria officinalis* (Berge Shahtara), *Swertia chirata* (Chiraita Talkh), *Viola odorata* Flowers (Gul Banafsha), *Coriandrum sativum* (Kishniz Khushk), *Cordia latifolia* (Sapistan), *Volutarella* Spp. (Shokai), *Vicia faba* (Tukhme Baqla), *Plantago major* Seeds (Tukhme Bartang), *Chenopodium album* (Tukhme Bathwa), *Lactuca sativa* (Tukhme Kahu), *Cucumis melo* (Tukhme Kharbuza), *Althaea officinalis* (Tukhme Khatmi), *Malva sylvestris* (Tukhme Khubbazi), *Portulaca oleracea* (Tukhme Khurfa), *Lavandula stoechas* (Ustkhuddus) each 17 mg, *Viola odorata* Leaves (Berge Banafsha), *Amaranthus mangostanus* (Tukhme Cholai) each 23 mg, *Vetiveria zizanioides* (Khus), *Zizyphus jujuba* (Unnab), *Fagonia arabica* (Badaward), *Rosa damascena* (Gule Surkh) each 35 mg, *Borago officinalis* (Gaozaban), *Cichorium intybus* (Tukhme Kasni) each 83 mg, *Nymphaea lotus* (Gule Nilofar), *Tamarix gallica* (Berge Jhaoo) each 133 mg, *Tinospora cordifolia* (Gilo Sabz), *Cucurbita maxima* (Kaddu Sabz), *Solanum nigrum* (Mako Sabz) each 208 mg, *Scilla serrata* (Sartaan Sokhta) 415 mg, *Cucumis sativus* (Kheera) 519 mg, *Benincasa cerifera* (Petha Sabz) 1.660 g, *Chicken* (Chooza Murgh) 2.076 g, *Mutton* (Gosht ) 5 g, *Pandanus odoratissimus* Distillate (Arq Keora) 120 mg.

**Indications:** Initial stages of tuberculosis and cancer, cough and fever.

**Dosage:** 30 ml in the morning and evening.

**Presentation:** In PET bottles of 200 ml and 500 ml.



## Sinus-I Capsules

Contains ingredients that are effective in the treatment of sinusitis. It promotes healthy sinus, nasal, and lung passageways without causing drowsiness, lack of appetite, nervousness or stomach pain. It supports a healthy micro ecology in the sinuses by encouraging appropriate mucus secretions and promotes a healthy immune response.

**Composition:** Each 500 mg. capsule contains: *Nepeta cataria* (Badranj Boya), *Iris germanica* (Irsa) each 165 mg, *Lavandula stoechas* (Ustkhuddus) 170 mg

**Indications:** Nasal congestion and sinusitis.

**Dosage:** 1 capsule twice daily.

**Presentation:** In packs of 28 Capsules.



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## Tonsilin

A throat paint which is effective in tonsillitis and sore throat. It can also be used as a gargle to cure aphthae in the mouth and in thrush and pseudo-membranous deposits.

**Composition:** Each 10 ml. contains: Quercus infectoria (Mazu) 370 mg, Alum (Phitkari) 370 mg, Glycerine q.s.

**Indications:** Tonsillitis, sore throat, aphthae in the mouth, thrush and pseudo-membranous deposits.

**Usage:** Apply 2-3 times a day with cotton wool to the tonsils and throat or gargle 2-3 times with lukewarm water mixed with salt.

**Presentation:** In PET bottles of 50 ml.



## SINGLE HERBS

### Beejband Capsules

It contains the alkaloid ephedrine (0.8% to 1.2%) and pseudo-ephedrine along with other compounds as active ingredients that stimulate the cardiovascular system and central nervous system. The seeds have been used in India for over 2,000 years to treat a variety of health disorders like bronchial asthma, common cold, flu, chills, headache, nasal congestion, aching joints and bones, cough, wheezing and oedema. Develops body resistance or immunity against infection.

**Composition:** Each 250 mg. capsule contains: Sida cordifolia Ext. (Beejband) 250 mg

**Indications:** Asthma, Bronchitis, Common Cold, Cough, Flu, Persistent Infection due to Low Immunity and Wheezing.

**Contraindications:** Do not use this product if using MAO inhibitor medication (Anti-Depressants), or have high blood pressure, heart disease, thyroid or Prostrate conditions. Not suitable for pregnant or lactating mothers.

**Dosage:** 1 capsule twice daily after meals with water.

**Presentation:** In packs of 60 Capsules.

### Gaozaban Capsules

It is used for fevers and pulmonary complaints. It promotes the activity of the kidneys and for this reason is employed to carry off feverish catarrhs. Useful for bronchial infections (including tuberculosis and pleurisy), mouth and throat infections and dry cough.

**Composition:** Each 450 mg. capsule contains: Borago officinalis Ext. (Gaozaban) 75 mg, Borago officinalis Powder (Gaozaban) 375 mg

**Indications:** Asthma, bronchitis, catarrh, cold, congestion of lungs and heart, convalescence, cough, fevers, general debility, influenza, migraine, pleurisy, pneumonia, soar throat and tuberculosis.

**Dosage:** 1 or 2 capsules daily in the morning with breakfast.

**Presentation:** In packs of 60 Capsules.



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## Lavender Capsules

Useful in anxiety, depression and nervous tension and stress. They are also used as a tension headache, sinus and migraine remedy. The flowers have been nicknamed "The Broom of Brain" as they are said to sweep away all 'Kafa' impurities, removes obstruction, strengthen brain power, expel brain crudities and clarifies the intellect. Lavender Capsules have a regulating effect on the nervous system with its balancing and harmonising nature. Being an adaptogen, has a calming effect on hyperactivity or agitation. It is one of the best stress relievers known and also helps with insomnia.

**Composition:** Each 400 mg. capsule contains: Lavandula stoechas Ext. (Ustkhuddus) 133 mg, Lavandula stoechas Powder (Ustkhuddus) 267 mg

**Indications:** Asthma, bronchitis, catarrh, cerebral atony, cough, headache, hypertension, insomnia, irritability, mental fatigue, migraine, nervousness, PMS, restlessness, sinusitis, tension headaches, vertigo, whooping cough and wind.

**Dosage:** 2 capsules daily in the morning.

**Presentation:** In packs of 60 Capsules.

## Mulethi Capsules

It is effective in treatment of asthma, acute and chronic bronchitis, chronic cough, hoarseness, sore throat and to release phlegm and reduce fever. Glycyrrhizin stimulates the secretion of the adrenal cortex hormone "aldosterone". This herb can be as effective as codeine, and safer, when used as a cough suppressant. Also strengthens immune system and provides resistance in recurring infections.

**Composition:** Each 250 mg. capsule contains: Glycyrrhiza glabra Ext. (Mulethi) 250 mg.

**Indications:** Asthma, bronchitis, catarrh, common cold, cough, flu, depression, fever, hoarseness, laryngitis, peptic ulcers, persistent infection due to low immunity, phlegm, sore throat and tuberculosis.

**Dosage:** 1 or 2 capsules twice daily before meals with water.

**Presentation:** In packs of 60 Capsules.

## Tulsi Capsules/Tablets

It is useful in various types of coughs, cold, bronchitis, asthma, sinusitis, headaches, nasal and catarrh. It has a reputation for reducing stress and is regarded as adaptogenic - helping the body to adapt to new demands and stresses. It also stimulates the immune system by increasing the production of antibodies. It can be tried in conditions like Alzheimer's, alcohol brain syndrome which are modern diseases and until now there are no perfect remedies for these disorders.

**Composition:** Each 250 mg. capsule contains: Ocimum sanctum Ext. (Tulsi) 250 mg

**Indications:** Alzheimer's Disease, Asthma, Bronchitis, Catarrh, Common Cold, Cough, Depression, Fevers, Headache, Hysteria, Influenza, Persistent Infection due to Low Immunity, Phlegm, Seasonal Fever, Sinusitis, Sore Throat, Stress, Tuberculosis and Wheezing.

**Dosage:** 1 capsule twice daily before meals.

**Presentation:** In packs of 60 Capsules.

## OTHER PROPRIETARY & GENERICS

Besides the above, Dehlvi manufactures a number of proprietary and generic medicines that are useful in Respiratory System Disorders. Some of them are :Ayush Joshanda, Barshasha, Habbe Banafsha, Habbe Ziqunnafe, trefal Ustkhuddus, Jawarish Amla Sada, Khamira Abresham Shira Unnabwala, Khamira Banafsha, Kushta Abrak Kalan, Kushta Abrak Safed, Kushta Abrak Siah, Kushta Faulad, Kushta Marjan, Kushta Marjan Jawahar, Kushta Qarnulail, Lauq Badam, Lauq Katan, Lauq Motadil, Lauq Sapistan, Lauq Sapistan Khayarshambari, Qairooti Ard Krisna, Sharbat Banafsha, Sharbat Ejaz, Sharbat Nazla, Sharbat Toot Siah and Sharbat Ustkhuddus,



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