

DEHLVI

For Registered Medical Practitioners Only



DEHLVI MATAB



Updated Version - 2025



DEHLVI

Nature is our Laboratory®

by

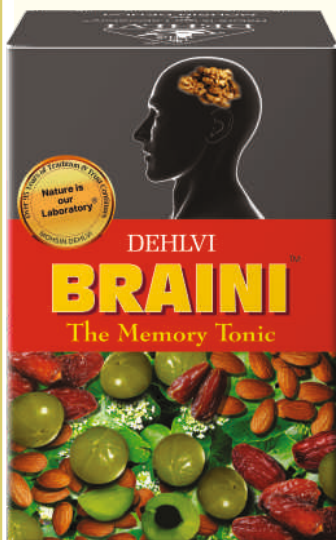
MOHSIN DEHLVI

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DEHLVI **BRAINI**TM

The Memory Tonic

Bhoolna Bhool Jaoge



A Complete Brain Tonic

Clinically proven ingredients like BRAHMI, KHAJOOR, BADAM, AKHROT and AMLA. Strengthens brain and increases memory power.

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FOREWORD

DEHLVI - A PROFILE

Dehlvi – A name synonymous with excellence in herbal medicine, carries forward a legacy established in 1926 by Hakim Ghulam Kibriya Khan (Hakim Bhoorey Mian) who founded the Bara Dawakhana and later nurtured by the visionary Hafiz Mohammed Yusuf Dehlvi, founder of THE SHAMA GROUP. This rich tradition of herbal excellence was later nurtured and expanded by his youngest son Mohd. Ilyas Dehlvi and, since 1978, by his son, Hakim Mohsin Dehlvi, who brought a modern touch to the age-old craft.

With a steadfast commitment to the values of his grandfather, Hakim Mohsin Dehlvi has upheld the highest standards of quality, purity, and authenticity. Under his leadership, the original Bara Dawakhana evolved into Shama (U&A) Laboratories in 1956 and later diversified into Dehlvi Remedies Pvt. Ltd., Dehlvi Ambar Herbals Pvt. Ltd., and Dehlvi Naturals. The Dehlvi Group's strength lies in its team of experienced manufacturing and practicing Hakims and Vaids (Arabic and Indian terms for physicians), who bring unparalleled expertise to every aspect of their work. Over the years, Dehlvi has earned a reputation as one of the most respected and trusted names in herbal medicine, both in India and internationally.

With a portfolio of over 800 Unani products, toiletries, and food supplements, Dehlvi is waging a relentless war against diseases afflicting humanity. Adhering strictly to the specifications set by the masters of Unani and Ayurvedic medicine, Dehlvi ensures its products are manufactured under the guidelines prescribed by the Drug Controller of India and are GMP certified.

Dehlvi is dedicated to continuous research and development, focusing on creating new formulations and improving processing and manufacturing techniques. By integrating modern research with traditional wisdom, Dehlvi enhances the efficacy of trusted formulations while adhering to ethical practices: no animal testing and no child labour are involved in their production processes.

Under the visionary leadership of Hakim Mohsin Dehlvi, the company has modernized Unani medicine to meet contemporary needs. India has become the diabetes capital of the world with as many as 5 Crore people suffering from Type-2 Diabetes. As a result he introduced Generic Unani Medicines in Sugar Free Capsule form in 2006, the first company to do so. In 2016 he launched a range of

sugar-free syrups. He is also pioneered by introducing Sugar-Free ranges (SF) of Khamira and Majun with the same efficacy as the traditional formulations. In fact, many would be surprised to know that these Sugar-Free (SF) formulations are beneficial in controlling Diabetes. It is the first time ever in the history of Unani, Dehlvi has now Introduced a delicious revolution in Unani & Ayurvedic system. Now you can use convenient, chewable wellness products instead of pills or powders. Dehlvi breaks new ground in Unani traditions by introducing the first-ever Gummy range.

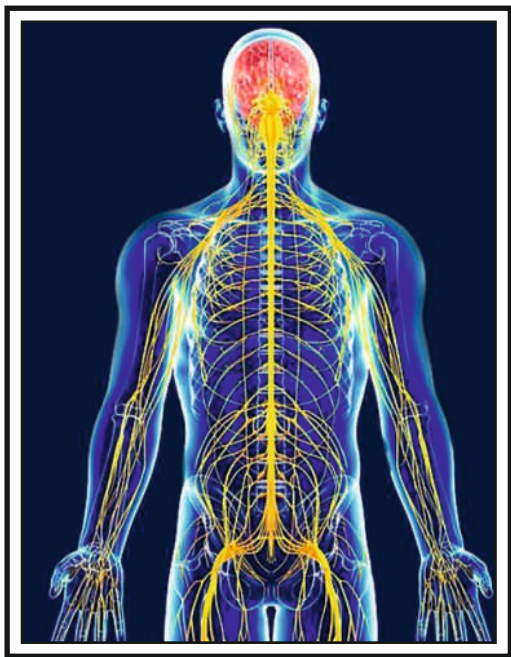
Herbal medicines are often criticized for their lack of standardization, leading to inconsistent effects. To address this, Dehlvi conducts rigorous research and quality control. Each formulation undergoes primary research for approximately two years before reaching consumers. A competent team of Hakims and Vaides ensures and monitors product quality at every stage.

Hakim Mohsin Dehlvi's expertise in Unani medicine spans over 40 years and has earned him recognition at the highest levels. Ministry of Ayush, Govt. of India appointed him as a Member of Ayurveda, Siddha and Unani Drugs Technical Advisory Board (ASUDTAB) in April 2015 and his tenure was extended again in 2018 for a further period of 3 years. He served as a Member of the Scientific Body of the Pharmacopoeia Commission of Indian Medicine and Homeopathy, Ministry of Ayush from 2018 to 2021. Currently he is the Member of the Expert Committee constituted to review or revisit the existing provisions of GMP for ASU&H drugs in Drugs & Cosmetics Act 1940 and rules thereunder. He is also the member of Ayush Division Cell, Bureau of Indian Standards (BIS), Govt. of India. Recently he has been appointed as a member of the Advisory Council of the Centre of Ayush Science, Islamic University of Science & Technology, Kashmir.

In 2010, Monis Dehlvi, MBA in Marketing and Finance from Amity University, joined the family business to support his father, contributing to the company's growth and modernization.

This edition of the Dehlvi Matab highlights the treatment of various diseases using different formulations with correct dosage forms. Wherever SF is mentioned it denotes the Sugar-Free formulation of the particular classical medicine. We hope this concise and well-indexed guide serves as a valuable resource for practitioners and proponents of the Unani system.

Brain & Nervous System



DISORDERS

“AMRAZ-E-RAS”

Headache (Suda')

Habbe Shifa – 1 Pill in the morning after breakfast

Dehlvi Jaroob Dimagh Capsules – 1-2 Caps at night or Itrefal Ustkhuddus or

Dehlvi Itrefal Jaroob Dimagh-SF - 5 g at night

Itrefal Zamani or Itrefal Kishnizi – 5-10 g at bed time

Arq Ajeeb – Apply a few drops mixed with Olive Oil (Roghan Zaitoon) on forehead and temporal regions

Qurs Musakkin – 1 Tab SOS

Mufrad: Powder of Lavender (Ustkhuddus) 3 g, Coriander Seeds (Dhania) 3 g and Black Pepper (Kali Mirch) 5 No. with water on empty stomach in morning.

Paste of Suddab and Mint (Pudina) is also very useful

Migraine (Shaqiqa)

Khamira Gaozaban Ambari – 5 g in the morning on an empty stomach

Lavender Capsules – 2 Caps in the morning after breakfast

MigraCap – 1-2 Caps after both meals

Dehlvi Jaroob Dimagh Capsules – 1-2 caps at night or Itrefal Ustkhuddus or

Dehlvi Itrefal Jaroob Dimagh-SF - 5 g at bed time

Arq Ajeeb – Apply 2 drops on forehead

Note: Nutool is advised.

Mufrad: Powder of Lavender (Ustkhuddus) 3 g, Coriander Seeds (Dhania) 3 g and Black Pepper (Kali Mirch) 5 No. before sunrise

Vertigo (Sadr-o-Duwar)

Khamira Gaozaban Ambari Jawaharwala or Dehlvi Gaozabani Ambari Jawahri-SF – 5 g in the morning on an empty stomach

Qurs Kushta Marjan Jawahar – 1 or 2 Tabs after both meals

Itrefal Kishnizi - 5-10 g at bed time

Mufrad: Poppy Seeds (Khashkhash), Coriander Seeds (Dhania) and Pulp of Cotton (Binaula) Seeds 4 g each. Grind with 120 ml water and strain. Give daily in the morning

Cognitive Impairment of Brain (Zof-e-Dimagh)

Braini or Amleena – 20 g daily in the morning with breakfast

Khamira Gaozaban Ambari Jawaharwala or Dehlvi Gaozabani Ambari Jawahri-SF – 5 g in the morning on an empty stomach

Qurs Kushta Marjan Jawahar – 1 or 2 Tabs after both meals

Dehlvi Nuqra Khas (Khamira) – 5 g in the morning and evening or Itrefal

Muqavvi Dimagh – 5-10 g at bed time

Mufrad: Soak 5 Almonds (Badam) kernels overnight. Take out the skin and eat in the morning.

Depression (Izmehlal)

Khamira Abresham Hakim Arshadwala or Dehlvi Abresham Arshadi-SF – 3 g

or Dehlvi Arshad Gold Pills - 1 Pill in the morning on an empty stomach

Lavender Capsules – 2 Caps in the morning after breakfast

Depresonil – 1-2 Caps after both meals

Majun Lana - 1 to 3 g at night with 25 ml Arq Badiyan

Sharbat Ahmad Shahi – 10 ml after both meals

Anxiety (Izterab-e-Nafsani)

Calm-Dn – 1 Cap after both meals or Stresonil Forte - 1 Cap in the morning and at bed time

Asraul Capsules – 1 Cap at bed time

Dawaul Misk Motadil - 5 g in the morning with 25 ml Arq Gaozaban

Stress (Zehni Dabao)

Stresonil – 1 or 2 Caps after both meals or Stresonil Forte - 1 Cap in the morning and at bed time

Ashwagandha Capsules / Tablets – 1 Cap/Tab after both meals

Dehlvi Apple Cider Vinegar Gummies – 2 Gummies twice a day

Insomnia (Sahr)

Calm-Dn or Cozy Sleep - 1 Cap at bed time

Barshasha – 3 g at bed time or Asraul Capsule – 1 Cap at bed time

Fine Sleep or Roghan Labub Saba – Massage on Scalp and Forehead

Mufrad: Boil Cinnamon (Darchini) 3 g in 120 ml of water, strain and add sugar. Give twice a day

Amnesia (Nisyaan)

Khamira Gaozaban Ambari Jawaharwala or Dehlvi Gaozabani Ambari Jawahri-SF – 5 g in the morning on an empty stomach

Braini or Amleena – 20 g in the morning with breakfast

MemoRise – 2 Caps after both meals

Brahmi Capsules – 1 Cap after both meals

Roghan Badam Shirin – Massage on Scalp

Mufrad: Boil 5 Walnuts (Akhrot) kernels in water. Drink for 5 days

Melancholia (Maalankhooliya)

Khamira Abresham Hakim Arshadwala or Dehlvi Abresham Arshadi-SF– 3 g or Dehlvi Arshadi Gold Pills – 1 Pill in the morning on an empty stomach

Sharbat Ahmed Shahi – 25 ml after both meals

Asraul Capsules – 1 Cap at bed time

Dawa-ush-Shifa – 1 Tab at bed time

Itrefal Zamani or Majun Nijah – 5-10 g at bed time

Fine Sleep or Roghan Labub Saba – Massage on Scalp

Insanity (Junoona)

Dehlvi D.M.M. Jawahri Capsules – 1 Cap or Dawaul Misk Motadil Jawaharwali or Dehlvi Dawaul Modadil Jawahri-SF – 5 g after both meals

Sharbat Ahmed Shahi – 25 ml after both meals

Jawarish Shahi - 5 g after both meals

Asraul Capsules – 1 Cap at bed time

Dawa-ush-Shifa – 1 Tab at bed time

Majun Nijah – 10 g at bed time

Fine Sleep or Roghan Labub Saba – Massage on Scalp and Forehead

Tremor (Ra'sha)

Dehlvi Asab Plus – 1 Pill after both meals

Habbe Asgand – 1-2 Pills after both meals

Majun Azaraqi – 5 g after both meals

Qurs Kushta Marjan Jawahar - 1 Tab after both meals

Jawarish Shahi – 10 g at night after dinner

Habbe Jund - 1 pill in the morning.

Mufrad: 5 Almonds (Badam) with 2 Black Peppers (Kali Mirch) daily

Epilepsy (Sara'/Mirgee)

Khamira Gaozaban Ambari Jadwar Ud Saleebwala or Dehlvi Gaozabani

Ambari Jadwari-SF – 5 g in the morning on an empty stomach

Barshasha - 1-2 g at night with 120 ml Arq Gaozaban

EpiCap – 2 Caps or Habbe Sara – 1 or 2 Pills in the morning and evening

Qurs Kushta Marjan Jawahar – 1 Tab after both meals

Dawa-ush-Shifa - 1 Tab at night

Mufrad: Give fine powder of Nakchikni as snuff at the onset of the fit

Sciatica (Irquunnisa)

Majun Chobchini – 5 g in the morning

Habbe Asgand – 1-2 Pills after both meals

Habbe Suranjan – 1-2 Pills after both meals

Dehlvi Suranjan Mafasil Capsules – 1-2 Caps at night or Majun Suranjan - 5 - 10 g at night

Dehlvi Asab Plus – 1 Pill in the morning

Roghan Dard – For massage

or

Majun Chobchini – 5 g in the morning

Dehlvi Pain Relief Capsules - 1 Capsule after both meals

Dehlvi Suranjan Mafasil Capsules – 1-2 Caps at night or Majun Suranjan - 5 - 10 g at night

Habbe Azaraqi - 1-2 Pills in the morning and evening

Dehlvi Roghan Phosphorus – For massage

Note: Hijamah is advised

Mufrad: Powder Suranjan Shirin or Chobchini 7 g and mix with 50 ml water.

Keep overnight, then strain and drink

Facial Palsy (Laqwa)

Majun Lana – 5 g in the morning

Habbe Asab Nuqrai or Habbe Azaraqi – 1 or 2 Pills after both meals

Majun Azaraqi – 5 g after both meals

Qurs Kushta Gaodanti - 1 Tab in the morning

Roghan Surkh – For lukewarm massage

Mufrad: Give Cinnamon (Darchini), Sweet Pellitory (Aqarqarah) or Clove (Laung) for chewing in small quantity

Hemiplegia (Faliij)

Majun Jograj Guggal – 5 g in the morning

Majun Talkh – 5 g in the morning

Habbe Asab Nuqrai or Habbe Azaraqi – 1 or 2 Pills after both meals

Qurs Kushta Gaodanti - 30 mg or 1 Tab in the morning

Roghan Surkh – For lukewarm massage

Mufrad : Initially first 5-7 days just give Ma-ul-Asal (Honey 20 g boiled with 120 ml Arq Gaozaban). On the 5th or 7th day give Munzij wa Mushil. Give Morabba Sonth (Zanjbil) 12 g daily after Munzij wa Mushil. Then start above medicines

Parkinson's Disease (Marz-e-Parkinson)

Braini or Amleena - 20 g daily in the morning with breakfast

Arq Ambar – 10 ml after both meals

Dehlvi D.M.M. Jawahri Capsules – 1 Cap or Dawaul Misk Motadil Jawaharwali

or Dehlvi Dawaul Motadil Jawaharwali – 5 g after both meals

Lavender Capsule - 2 Caps in the morning after breakfast

Konch Capsules – 1 Cap after both meals

Qurs Kushta Marjan Jawahar - 1 Tab after both meals

Mufrad: 3 g Turmeric (Haldi) powder mixed with Honey (Shahed) or milk

Nightmare (Kaboos)

Habbe Hiltit – 2 Pills after both meals

Lavender Capsules – 1 Cap after both meals

Jawarish Shahi – 10 g after both meals

Khamira Gaozaban Ambari Jawaharwali or Dehlvi Gaozabani Ambari Jawahri-

SF – 5 g in the morning on an empty stomach

Fine Sleep – Massage on Scalp and Forehead

Mufrad: If Mizaj is *Sard* then give Badranjboya 4 g mixed with Honey (Shahed) 9 g. If Mizaj is *Garm* then give Jawarish Jalinus 5 g BID instead of Jawarish Shahi

Immunodeficiency



DISORDER

**“AMRAZ-E-
MADAFATI
NIZAM”**

Dysfunction of the Immune System (Quwwat Madafati Nizaam ki Naqaahat)

ImmunoBoost – 1 or 2 Caps in the morning after breakfast

AktiLife Capsules – 1 or 2 Caps in the morning after breakfast

Aloevera Capsules – 1 or 2 Caps in the morning after breakfast

Curcuma Capsules – 2 Caps or Curcuma with Piperine – 1 Cap after both meals

Dehlvi Immuno Wonder Gummies – 2 Gummies twice a day

Dehlvi Apple Cider Vinegar Gummies – 2 Gummies twice a day

Tulsi Capsules – 1 Cap after both meals

INTRODUCING
A Delicious Revolution in Unani Wellness in Fruity Flavours

DEHLVI

IMMUNO WONDER
GUMMIES

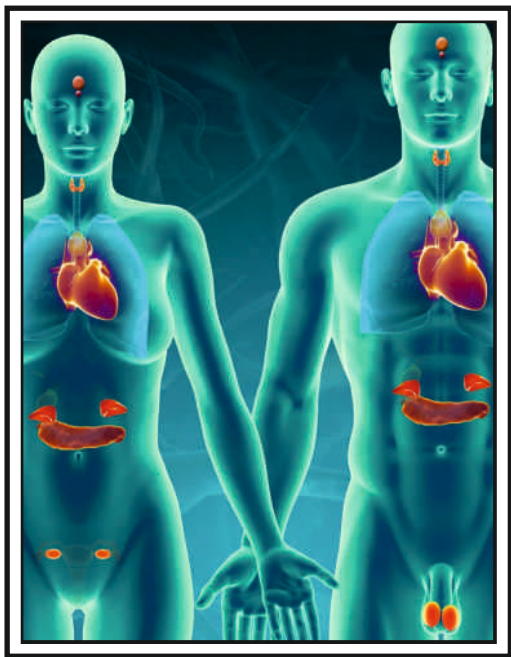


Support your family's immune health and promote overall wellness with Dehlvi Immuno Wonder Gummies with natural Haldi – a time tested ingredient known for its immune-boosting properties. Everyone can benefit from turmeric's immune-boosting properties in a tasty and practical gummy form, regardless of age. Boost your family's immunity naturally and help them thrive with Dehlvi Immuno Wonder Gummies.

Our gummies are delicious and easy to chew, making them a hit with children of all ages. Say goodbye to the struggle of getting your little ones to take their supplements – they'll love the taste of Dehlvi Immuno Wonder Gummies! Our gummies come in convenient bite-sized servings, perfect for on-the-go families. Whether you're at home, at school, or on vacation, you can easily incorporate Dehlvi Immuno Wonder Gummies into your daily routine.

Indications: Acts as an adaptogen, strengthens the immune system, increases the body's ability to resist the damaging effects of stress, restores normal physiological functioning of the body, augments detoxification, beneficial in recurrent infection and immuno-compromised patients.

Endocrine System



DISORDERS

**“AMRAZ-E-
DORAN-E-
AFRAZI”**

Thyroid Dysfunction (Marz-e-Darqiyya)

ThyroCap - In acute cases 2 Caps 30 minutes before lunch and dinner. In chronic cases 1 Cap 30 minutes after lunch and dinner. To be continued for a month even when the TSH level becomes normal.

Qurs Kushta Gaudhanti – 2 Tabs after both meals

Mufrad : Make fine powder of 100 g Shajana (Moringa) Leaves and give 5 g BID after meals

Diabetes Insipidus (Zayabetus Barid)

Dehlvi Falasafeen Capsules – 1 or 2 Cap or Majun Falasafa or Dehlvi

Falasafeen-SF – 5 to 10 g after both meals

Dehlvi Zaroon Sada Capsules – 1 or 2 Cap or Jawarish Zaruni Sada – 5 to 10 g after both meals

Majun Kunder – 5 g after both meals

ShugraNo Pills - 2 Pills after both meals

Qurs Kushta Baiza Murgh – 2 Tabs after both meals

Diabetes Mellitus (Zayabetus Haar)

Shilajit Capsules – 1 Cap or Shilajit Care – 10 ml in the morning

Dehlvi Galenus Pills – 1 Pill or Dehlvi Galenus-SF – 5 g after both meals

DiabEaze – 2 Capsules or ShugraNo Pills - 2 Pills after both meals

Shugreen Powder – 5 g after both meals

Mufrad : Dry and make fine powder of 60 g Kernel of Jamun Seeds and give 3 g BID after meals

Diabetic Gangrene (Zayabetus Gangrene)

Eazy-Heal Capsules – 1 Cap after both meals

Eazy-Heal Ointment – Apply on affected part twice a day

SkinClear Capsules – 2 Capsules twice daily after meals

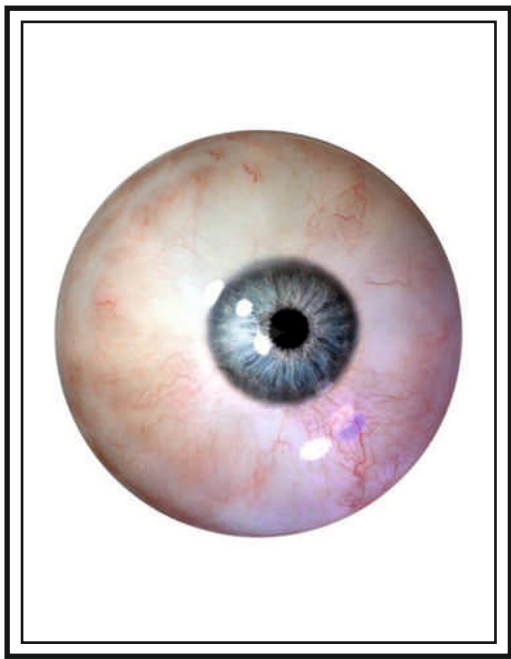
Neem Capsules – 1 or 2 Capsules twice daily after meals

Vitamin D Deficiency (Hayateen Daal ki kami)

Super Daily D Capsules – 2 Caps after both meals.

Tips : Eat food high in Vitamin D, like fish, eggs, mushrooms or fortified breakfast foods (milk, cereals and orange juice). Get Vitamin D from moderate sunlight exposure each day.

Eye Disorders



“AMRAZ-E-AIN”

Asthenopia (Zo'f-e-Basar)

Khamira Gaozaban Ambari Jawaharwala or Dehlvi Gaozabani Ambari Jawahri-SF – 5 g in the morning on an empty stomach

Triphala Churan – 3 g after both meals

Qurs Kushta Marjan Jawahar - 1 Tab after both meals

Noor-o-Nazar Surma - Apply as collyrium twice a day

Mufrad: Soak Triphala in water overnight and wash eyes with this water in the morning

Blepharitis (Salaq)

SkinClear Capsules – 2 Caps or SkinClear Syrup or SkinClear-SF – 10 ml after both meals

Itrefal Shahtara – 5-10 g at night

Arq Gulab – Instill 1-2 drops in eyes three times a day

Mufrad: Make a paste of Garden Purslane (Khurfa), Cichory Leaves (Berge Kasni) and Roghan Gul. Apply on eye lids

Cataract (Nazoolulma)

Arq Mundi – 50 ml after both meals

Itrefal Kishnizi – 5-10 g at night

Triphala Churan - 3 g after both meals

Qurs Kushta Marjan - 1 Tab twice daily after meals

Dehlvi Jaroob Dimagh Capsules – 1-2 Caps at night or Itrefal Ustkhuddus or

Dehlvi Itrefal Jaroob Dimagh-SF - 5 g at bed time

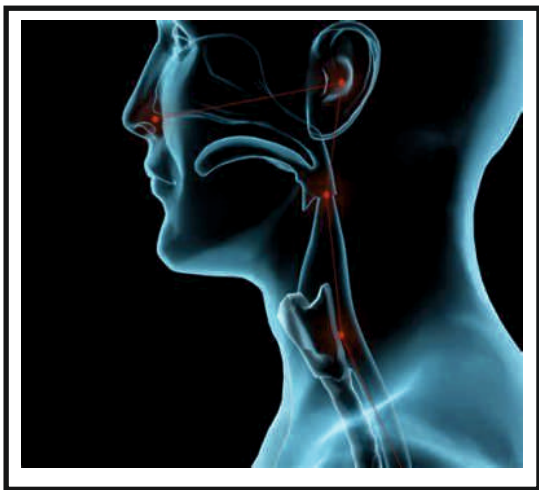
Lavender Capsules – 1 Cap twice daily

Qurs Kushta Khabsul Hadid - 1 Tab twice daily after meals

Noor-o-Nazar Surma - Apply as collyrium twice a day

Mufrad: Daily give Fennel Seeds (Saunf) and Almond (Badam) 3 g each

ENT Disorders



**“AMRAZ-E-UZN,
ANF WA HALAQ”**

Mumps (Warm-e-Asl-ul-Uzn)

Musaffi Azam – 5 g after both meals

Majun Ushba – 5 g at night

SkinClear Syrup or SkinClear-SF – 10 ml in the morning and evening

Roghan Gul – Instil 1-2 drops in the ears

Mufrad: Grind Multani Matti with water to make a paste and apply.

Otalgia (Waja-ul-Uzn)

Itrefal Kishnizi – 5 g at night

Qurs Musakkin – 1 Tb SOS

Roghan Babuna – Instil 1-2 drops in the ears

Roghan Gul – Instil 1-2 drops mixed with vinegar in the ears

Mufrad: Deep fry 3 cloves of Garlic (Lahsan) in 10 ml Sesame (Til) oil and strain. Instil 2 drops lukewarm in the ear. You can also instil juice of White Onions in the ears

Otorrhoea (Sailan-ul-Uzn)

SkinClear Syrup or SkinClear-SF – 10 ml after both meals

Habbe Musaffi Khoon – 2 Pills after both meals

Musaffi Azam – 5 g after both meals

Mufrad: Make fine powder of Burnt Suhaga. Put a pinch of powder in the ear and then instil 2-3 drops of lemon juice

Itching in the Ear (Haktah-ul-Uzn)

Habbe Musaffi Khoon – 2 Pills after both meals

Musaffi Azam – 5 g after both meals

SkinClear Syrup or SkinClear-SF – 10 ml after both meals

Itrefal Shahtara – 5 g after both meals

Arq Ajeeb – 2 drops mixed with Roghan Gul to be instilled in the ears

Tinnitus (Taneen o Dawi)

Khamira Gaozaban Ambari – 5 g in the morning on an empty stomach

Itrefal Kishnizi – 5-10 g after both meals

Jawaish Jalinus – 5 g after both meals

Sharbat Nazla – 10 ml after both meals

Roghan Badam Shirin – Instil 2-3 lukewarm drops in the ears

Mufrad : Give Cinnamon (Darchini) powder 2 g twice a day mixed with honey

Epistaxis (Ru'af/Nakseer)

Qurs Kushta Faulad – 1-2 Tabs in the morning

Jawarish Amla Sada – 5 g after both meals

Qurs Bandish Khoon – 2 Tabs after both meals

Sharbat Anjabar – 25 ml after lunch

Mufrad: Apply Gum Acacia (Gond Keekar) paste on the forehead. Give Tulsi Seeds (Tukhme Raihan) 9 g mixed in Lassi

Sinusitis (Warm Jof Anfi)

Sinus-I Capsules – 1 Cap after both meals

Lavender Capsules – 1 Cap after both meals

Dehlvi Jaroob Dimagh Capsules – 1-2 caps or Itrefal Ustkhuddus or Dehlvi

Jaroob Dimagh-SF- 5 g at night

Sharbat Ustkhuddus – 25 ml in the evening

Mufrad: Make fine powder 2 g Karanjwa and give with Honey

Anosmia (Khasham)

Arq Ajeeb : 2 drops mixed with 5 drops of Roghan Gul to be instilled in the nose in the afternoon and evening

Dehlvi Jaroob Dimagh Capsules – 1-2 caps at night or Itrefal Ustkhuddus - 5 g at bed time

Itrefal Zamani - 5 g after both meals

Sharbat Ustkhuddus – 25 ml after both meals

Mufrad: Make fine powder of Waj Turki and give mixed with Honey

Excessive Sneezing (Utas-e-Mufrit)

Dehlvi Joshanda Granules – 1 Sachet dissolved in a cup of hot water in the morning. Repeat at bed time

Nozy Pills – 1 pill after both meals

Sharbat Nazla – 10 ml after both meals

Dehlvi Jaroob Dimagh Capsules – 1-2 Caps or Itrefal Ustkhuddus or Dehlvi Jaroob Dimagh-SF- 5 g at night

Arq Ajeeb – Instill 1-2 drops in hot water and take steam twice daily

Mufrad: Mix 1/2 g of Camphor (Kafoor) in 10 g of Roghan Gul. Instill a few drops in the nose

Ozena (Bakhrul Anf)

Arq Ajeeb – 2 drops mixed with 5 drops of Roghan Gul to be instilled in the nose in the afternoon and evening

Qurs Kushta Marjan Jawahar – 1 or 2 Tab after both meals

Dehlvi Jaroob Dimagh Capsules – 1-2 caps or Itrefal Ustkhuddus or Dehlvi Jaroob Dimagh-SF- 5 g at bed time

Mufrad: Grind equal quantities of Turmeric (Haldi), Cinnamon (Darchini), Mace (Jawitri), Clove (Laung) and mix Honey (Shahed). Give daily 5 g

Allergic Rhinitis (Nazla Haar)

Habbe Shifa – 1 or 2 pill in the morning and evening

Dehlvi Jaroob Dimagh Capsules – 1-2 caps at night or Itrefal Ustkhuddus - 5 g at bed time

Nozy Pills – 1 pill after both meals

Itrefal Kishnizi - 5 g after both meals

Sharbat Ustkhuddus – 25 ml after both meals

Mufrad: Boil small quantity of Poppy Seed (Khashkhash) and give twice a day.

Phthisis & Tuberculosis (Sil wa Diq)

Khamira Abresham Shira Unnabwala – 5 g in the morning on an empty stomach

Lauq Badam – 10 g with lukewarm water after both meals

Sehat Bakhsh – 30 ml after both meals

Sharbat Ejaz – 25 ml after both meals

Mufrad : 2 cloves of Garlic (Lahsan) with Goat's milk for at least 6 months

Respiratory



DISORDERS

“AMRAZ-E-SADR”

Cold & Catarrh (Nazla wa Zukaam)

Dehlvi Jarroob Dimagh Capsules – 1-2 caps or Itrefal Ustkhuddus or Dehlvi

Jarroob Dimagh-SF- 5 g at night

Dehlvi Joshanda Granules - 1 sachet at night with hot water

Nozy Pills – 1 pill after both meals

Qurs Kushta Marjan – 1 Tab after both meals

Lauq Sapistan or Lauq Sapistan Khayarshambari - 5 g twice daily after meals

Sharbat Nazla – 10 ml or Sharbat Banafsha - 25 ml after both meals

Mufrad: Boil Cinnamon (Darchini) 3 g in 120 ml of water, strain and add sugar.

Give twice a day

Cough (Sual)

Khamira Abresham Shira Unnabwala – 5 g in the morning on an empty stomach

KufNo Tablets – 2 tablets to be sucked in the morning, afternoon and at night

KufNo Syrup or KufNo-SF – 10 ml after both meals

Lauq Sapistan – 5 g after both meals

Sharbat Sadar or Sharbat SDR – 10 ml after both meals

Sharbat Ejaz – 10 ml thrice a day

Mufrad : Mix Ginger (Adrak) juice 10 ml with 10 g Honey and give 2-3 times a day

Bronchial Asthma (Zeequnnafas)

Khamira Abresham Shira Unnabwala – 5 g in the morning on an empty stomach

AsmaCap – 1 Cap after both meals

Habbe Ziqunnafas – 1 Pill after both meals

Sharbat Zoofa Murakkab – 25 ml mixed after both meals with warm water

Lauq Sapistan Khayarshambari – 10 g at night

Habbe Shifa – 1 Pill at bedtime

Mufrad : Ginger (Adrak) juice 5 ml to be taken lukewarm at bed time

Haemoptysis (Nafs-ud-Dam)

Qurs Bandish Khoon – 2 Tabs after both meals

Qurs Kehrubā – 2 Tabs after both meals

Sharbat Anjabar – 25 ml after both meals

Mufrad : Grind equal quantities of Ocher (Geru) and Talc (Sang Jarahat) and give 3 g TID after meals

Pneumonia & Pleurisy (Zat-ur-Riya wa Zat-ul-Janb)

Dehlvi Dinar-SF or Sharbat Dinar – 25 ml twice a day

Lauq Sapistan Khayarshambari – 10 g after both meals

Qurs Kushta Qarnulail – 2 Tabs after both meals

Qurs Kushta Abrak Safed – 1-2 Tabs twice daily after meals

Habbe Shifa – 1 pill at bed time

Qairrooti Ard Krisna – 10 g mixed with 5 ml Turpentine Oil (Roghan Tarpeen) and applied on ribs and chest and covered with warm cloth

Pharyngitis (Warm-e-Halaq)

Arq Ajeeb - Gargle with 2 drops on an empty stomach in the morning and evening

Lauq Sapistan Khayarshambari – 10 g after both meals

Sharbat Toot Siah – 25 ml mixed in lukewarm water in the morning and evening

Dehlvi Joshanda Granules – 1 sachet dissolved in half cup hot water twice daily. Once in the morning and once at bed time

Tonsilin - Apply 2-3 times a day with cotton wool to the tonsils and throat or gargle 2-3 times with lukewarm water mixed with 1/4th spoon of salt

Laryngitis & Hoarseness of Voice (Warm-e-Hanjara wa Behtussaut)

Habbe Behtussaut - 1 pill to be sucked 3 times a day

KufNo Syrup or KufNo-SF – 10 ml after both meals

Lauq Sapistan – 5 g after both meals

Sharbat Toot Siah - 25 ml mixed in lukewarm water in the morning and evening

Dehlvi Joshanda Granules – 1 sachet dissolved in half cup hot water twice daily. Once in the morning and once at bed time

Tonsilin - Apply 2-3 times a day with cotton wool to the tonsils and throat or gargle 2-3 times with lukewarm water mixed with salt

Mufrad : Roast 12 g Barley (Jao) and chew 3 times daily

Tonsillitis (Warm-e-Loztain)

KufNo Syrup or KufNo-SF – 10 ml after both meals

Lauq Sapistan – 5 g after both meals

Sharbat Toot Siah - 25 ml mixed in lukewarm water in the morning and evening

Dehlvi Joshanda Granules – 1 sachet dissolved in half cup hot water twice daily. Once in the morning and once at bed time

Tonsilin - Apply 2-3 times a day with cotton wool to the tonsils and throat or gargle 2-3 times with lukewarm water mixed with salt

Cardiovascular



DISORDERS

**“AMRAZ-E-
QALB”**

Weakness of the Heart (Zo'f-e-Qalb)

Khamira Abresham Hakim Arshadwala or Dehlvi Abresham Arshadi-SF – 3 g
or Dehlvi Arshad Gold Pills – 1 Pill in the morning on an empty stomach
Arabian Nuskha – 10 ml in the morning and evening
Dehlvi Nuqra Khas (Khamira) – 5 g in the morning and evening
Arjuna Capsules/Tablets – 2 Caps/Tabs after both meals
Jawarish Shahi – 5 g twice daily after both meals
Qurs Jawahar Mohra – 1 Tab in the morning

Palpitation (Khafqaan)

Arq Gaozaban – 50 ml after both meals
Arq Bed Mushk – 50 ml after both meals
Khamira Marwareed or Dehlvi Khamira Moti-SF – 5 g in the morning on an empty stomach
Dawaul Misk Motadil Jawaharwali or Dehlvi Dawaul Motadil Jawahri-SF – 5 g
or Dehlvi D.M.M. Jawahri Capsules – 1 Cap in the morning and evening
Jawarish Shahi – 10 g after both meals
Sharbat Keora – 25 ml BID after meals
Dehlvi Heartone-DR – 1 Pill SOS
Mufrad : Soak Tulsi (Rehan) Seeds 12 g in 125 ml Rose Water (Arq Gulab) for 1 hour. Give twice daily

Hypertension (Zaghat-ud-Dam Qawi)

Pressure Eaze – 1 Cap after both meals
Asraul Capsules – 1 Cap at night
Mufrad : Boil Methi (Fenugreek Seeds) and give daily

Hypotension (Zaghat-ud-Zaeef)

Dawaul Misk Motadil Jawaharwali or Dehlvi Dawaul Motadil Jawahri-SF – 5 g
or Dehlvi D.M.M. Jawahri Capsules – 1 or 2 Caps in the morning and evening
Habbe Khas – 1 Pill in the morning
Qurs Jawahar Mohra – 1 Tab in the morning
Mufrad – Morabba Amla 10 g daily in the morning

Hyperlipidemia (Fart-e-tadassum-fid-dam)

Arabian Nuskha – 10 ml in the morning and evening

Guggul Capsules – 1 Cap after both meals

LipoCap – 2 Caps after both meals

Arjuna Capsules/Tablets – 2 Caps/Tabs after both meals

Seb Sirka – 10 ml mixed with water after both meals or Dehlvi Apple Cider

Vinegar Gummies – 2 Gummies twice a day

Mufrat : 3-4 Gathiya Lahsun (Single Clove Garlic / Kashmiri Garlic) on empty stomach daily

Syncope (Ghashi)

Arq Ambar – 5 ml along with 10 ml Arq Gulab in the morning, afternoon and evening. Sprinkle Arq Gulab on face

Dawaul Misk Motadil Jawaharwali or Dehlvi Dawaul Motadil Jawahri-SF – 5 g in the morning and evening mixed with Jawahar Mohra – 30–60 mg

Mufrad: Make a fine powder of Hing and Camphor (Kafoor) and give 125 mg with water or Arq Gulab

Paroxysmal Tachycardia (Sur'a al Qalb al-Dawriyya)

Dehlvi Heartone-DR – 1 Pill in the morning

Khamira Abresham Hakim Arshadwala or Dehlvi Abresham Arshadi-SF – 3 g in the morning on an empty stomach

Arq Gaozaban – 25 ml after both meals

Jawarish Shahi – 10 g after both meals

Sharbat Anar – 25 ml after both meals

Mufrad : Morabba Seb 10 g daily

Endocarditis (Intihab Darun-i-Qalb)

Majun Lana – 5 g in the morning

Habbe Azaraqi – 1 Pill after both meals

Khamira Gaozaban Ambari Jawaharwala or Dehlvi Gaozabani Ambari Jawahri-SF – 5 g in the morning and evening on an empty stomach

Dehlvi Dinar-SF or Sharbat Dinar – 25 ml after both meals

Qurs Jawahar Mohra – 1 Tab after both meals

Qurs Kushta Zamarrud – 1 Tab after both meals

Mufrad : Gulqand Aftabi 10 g in the evening

Angina Pectoris (Waja-ul-Qalb)

Khamira Abresham Hakim Arshadwala or Dehlvi Abresham Arshadi-SF– 3 g or Dehlvi Arshad Gold Pills - 1 Pill in the morning on an empty stomach

Arabian Nuskha – 10 ml in the morning and evening

Dehlvi D.M.M. Jawahri Capsules – 1 Cap or Dawaul Misk Motadil Jawaharwali or Dehlvi Dawaul Motadil Jawahri-SF – 5 g in the morning and evening

Dehlvi SehaTone – 5 g in the morning

Jawarish Shahi – 10 g after both meals

Arq Keora – 50 ml twice daily in the morning and evening

Mufrad : Boil Cinnamon (Darchini) 3 g in 120 ml of water, strain and add sugar. Give twice a day

Pericarditis (Warm-e-Ghishaa-ul-Qalb)

Khamira Gaozaban Ambari Jawaharwala or Dehlvi Gaozabani Ambari

Jawahri-SF – 5 g in the morning and evening on an empty stomach

Qurs Jawahar Mohra - 1 Tab after both meals

Mufrad : Gulqand Aftabi 10 g in the evening

Bradycardia (Butu' al-Qalb al-Jaybi)

Khamira Abresham Hakim Arshadwala or Dehlvi Abresham Arshadi-SF - 3 g or Dehlvi Heartone-DR - 1 Pill in the morning on an empty stomach

Habbe Jawahar - 1 Pill in the morning and evening

Habbe Azaraqi - 1 Pill in the morning and evening

Mufrad : 25 mg Saffron (Zafran) with milk once a day

Gastrointestinal



DISORDERS

“AMRAZ-E-MEDA”

Indigestion (Zo'f-e-Hazm)

Dehlvi Galenus Pills – 1 Pill or Jawarish Jalinus or Dehlvi Galenus-SF – 5 g after both meals

GasTreat Syrup – 10 ml or GasTab – 2 Tabs or Hazmeen – 2 Tabs after both meals

Jawarish Kamuni or Dehlvi Kamoon-SF – 5 g after both meals

UlcerEaze Powder - 5 g thrice a day 15 minutes before meals

Mufrad : Make fine powder of equal quantities of Black Salt (Namak Siah) and Jawakhar. Give 1 g with water after both meals.

Gastralgia (Waja-ul Meda)

Arq Ajeeb – 5 drops with half a glass of water after both meals

Arq Ajwain – 25 ml after both meals

Dehlvi Kamoon Capsules – 1-2 Caps or Jawarish Kamuni or Dehlvi Kamoon-SF – 5-10 g after both meals or Chatori Chatni – 5-10 g after both meals

Habbe Hiltit – 2 Pills after both meals

UlcerEaze Powder – 5 g thrice a day 15 minutes before meals

Riyaheen Chooran – 5 g after both meals or as and when required

Mufrad : Make fine powder of Black Salt (Namak Siah) and give 500 mg with lukewarm water after both meals

Flatulence (Nafakh Shikam/Riyah)

Arq Badiyan - 25 ml after both meals

Habbe Kabid Naushadri – 2 Pills after both meals

Jawarish Meda – 5 g after both meals

Jawarish Zanjbil – 5 g after both meals

UlcerEaze Powder - 5 g thrice a day 15 minutes before meals

Riyaheen Chooran – 5 g after both meals or as and when required

Mufrad : Asafoetida (Hing) diluted in vinegar and soaked in sponge may be kept over the abdomen

Hematemesis (Qay-ud-dam)

Qurs Bandish Khoon – 2 Tab after both meals

Qurs Kehrubā – 2 Tabs after both meals

Sharbat Anjabar – 25 ml after both meals

Hiccups (Fuwaaq)

Arq Ajeeb – 5 drops with one tablespoon of water after both meals

Jawarish Pudina – 5 g after both meals

Dehlvi Kamoon Capsules – 1-2 Caps or Jawarish Kamuni or Dehlvi Kamoon-SF – 5-10 g after both meals

UlcerEaze Powder - 5 g thrice a day before meals

Mufrad : Boil 6 g Shell of Cardamom (Chilka or Choti Elaichi) in 250 ml water. Strain and drink in the morning, afternoon and evening

Nausea & Vomiting (Ghasyan wa Qai)

Arq Pudina – 25 ml after both meals

Jawarish Anarain or Jawarish Ud Tursh – 5 g after both meals

Chatori Chatni – 5 g after both meals

Qurs Pudina – 2 Tabs after both meals

UlcerEaze Powder - 5 g thrice a day before meals

GasTreat Syrup – 10 ml after both meals

Mufrad : Soak 6 g Tamarind (Imli) in 120 ml water for 2 hours and strain. Give 3-4 times a day

Anorexia (Zo'f-e-Ishtiha)

Engene or Ambar-Gile or Ambar-Gile SF – 10 ml in the morning and evening

Dehlvi D.Ward Capsules – 2 Caps or Majun Dabidul Ward or Dehlvi Majun

D.Ward -SF – 5 g after both meals

Gas Tab or Hazmeen – 2 Tabs after both meals

Irovita – 10 ml in the evening

Jigron Syrup or Jigron-SF – 10 ml in the evening

Safuf Namak Sulemani – 1-3 g after both meals with water

Mufrad : Give a few green Olives (Zaitoon) along with Black Salt (Kala Namak)

Cholera (Haiza Wabai)

Arq Ajeeb – 3 drops in the morning, afternoon and evening

Arq Pudina – 25 ml in the morning, afternoon and evening

Note: A Physician should be consulted immediately if there is no relief

Hyperacidity & Peptic Ulcers (Tezabiyat wa Qurooh-e-Meda)

Iksir Meda Khas – 2 Tab in the morning and evening

GasTreat Syrup – 10 ml after both meals

Qurs Alkaleen – 2 Tab after both meals

UlcerEaze Powder - 5 g thrice a day before meals

Riyaheen Chooran – 5 g after both meals or as and when required

Mufrad : Make powder of equal quantities of Gum Acacia (Gond Keekar) and Black Salt (Kala Namak). Give 7 g daily

Polydipsia (Atash Mufrit)

Arq Gulab – 10 ml before both meals

Sharbat Anar Shirin – 25 ml after both meals

Sharbat Nilofar – 25 ml after both meals

Arq Keora – 50 ml in the morning and evening

Mufrad : Grind Khurfa Seeds 6 g, Kheera (cucumber) Seeds 3 g and Kakri Seeds 3 g with 120 ml water and strain. Give in small quantity at frequent intervals

Diarrhoea (Ishaal)

Habbe Pechish – 1 Pill in the morning and evening

Habbe Raal – 2 Tabs after both meals

Jawarish Amla Sada – 5 g after both meals

Jawarish Mastagi or Dehlvi Jawarish Mastic-SF – 5 g or Mastagi Capsules – 1 Cap after both meals

Majun Sangdana Murgh – 5 g after both meals

or

Diarrhol - 1 or 2 pills twice a day after both meals

Jawarish Mastagi or Dehlvi Jawarish Mastic-SF – 5 g or Mastagi Capsules – 1 Cap after both meals

Jawarish Amla Sada – 5 g after both meals

Qurs Malti Basant – 1 Tab with 5 g Majun Sangdana Murgh twice daily after both meals

Mufrad : Grind equal quantities of Belgiri and Zeera Safed and give 4 g after both meals

Dysentery (Zaheer)

Bael Capsules – 1 Cap after both meals

Diarrhol - 1 or 2 pills twice a day or Habbe Pechish – 1 Pill in the evening

Sharbat Belgiri – 25 ml after both meals

Sharbat Habbul Aas – 25 ml after both meals

Mufrad : Mix 5 g Husk of Asabghol in 60 g curd and give after both meals

Constipation (Husr)

Isab-Care – 5 g mixed with water at night

Itrefal Mulayyan – 10 g with lukewarm water at night

Roghan Badam Shirin – 5-10 ml at bed time with a glass of milk

QabzKure Syrup – 10 ml at bed time

Mufrad : Give Husk of Asabghol 5 g with water or milk at bed time

Non Bleeding Piles (Bawasir Badi)

Habbe Bawasir Badi – 2 Pills in the morning

Pyleena Capsules – 2 Caps after both meals

Pyleena Marham – Apply locally twice a day before and after defecation

Habbe Muqil or Habbe Muqil Jadid – 2 Pills at bed time

Itrefal Muqil – 5-10 g at night

QabzKure Syrup – 10 ml at bed time

Mufrad : Give Husk of Asabghol 5 g with water or warm milk at night

Bleeding Piles (Bawasir Khooni)

Habbe Bawasir Khooni – 2 Pills after both meals

Habbe Rassaut – 2 Pills after both meals

Pyleena Capsules – 2 Caps after both meals

Habbe Muqil or Habbe Muqil Jadid – 2 Pills at night

Itrefal Muqil – 5-10 g at night

QabzKure Syrup – 10 ml at bed time

Mufrad : Take equal quantities powder of burnt Reetha and Katha and make fine powder. Give 1/2 to 1 g after both meals

Fistula (Nawaseer)

Habbe Musaffi Khoon – 2 Pills after both meals

Qurs Kushta Gaodhanti – 2 Tab after both meals

Habbe Muqil Jadid – 2 Pills at night

QabzKure Syrup – 10 ml at bed time

Skin Clear Capsules – 2 Caps after both meals

Skin Clear Syrup or SkinClear-SF– 10 ml after both meals

Eazy Heal Ointment – Apply locally twice a day

Mufrad : Boil 250 g Tobacco (Tambaku) in 1 litre water on slow heat. When 1/4th is left then mix 100 ml Roghan Sarson and then reheat on slow fire.

When water evaporates and only oil is left, then let it cool and strain. Apply 2-3 drops of the oil after both meals

Intestinal Worms (Deedan-e-Am'a)

Habbe Haltit – 2 Pills after both meals

Itrefal Deedan – 5-10 gm for 3 consecutive nights

Qurs Mulayyan – 2 Tabs on 4th night at bed time

Or

Habbe Haltit – 2 Pills after both meals

Qurs Deedan – 2 Tabs after both meals

Roghan Arandi – 25 – 50 ml mixed in warm milk once a week to remove the dead worms from the stomach.

Mufrad : Dry scrapped part of Bitter Gourd (Karela). Make a fine powder and mix 30 g powder in 60 g Curd (Dahi). Give at bed time

Colic (Qulanj)

Arq Ajeeb – 5 drops with 1/2 a glass of water in the morning and evening

Arq Ajwain – 25 ml after both meals

Dehlvi Kamoon Capsules – 1 or 2 Caps or Jawarish Kamuni or Dehlvi

Kamoon-SF - 5-10 g after both meals

UlcerEaze Powder - 5 g thrice a day before meals

Sharbat Dinar or Dehlvi Dinar-SF – 25 ml after both meals with lukewarm water

Mufrad : Make a fine powder of Hing and give 125 mg with lukewarm water

Thrush (Qula)

Jawarish Amla Sada – 5-10 g in the morning and evening on an empty stomach

Jawarish Shahi – 5 g after both meals

Qurs Kushta Faulad - 1-2 Tab after both meals

Tonsilin – Apply on tongue 2-3 times a day

Ptyalism (Selan-ul-Loab)

Jawarish Mastagi or Dehlvi Jawarish Mastic-SF – 5-10 g or Mastagi Capsules – 1 Cap after both meals

Arq Pudina – 25 ml in the morning, afternoon and in the evening

Barshasha – 500 mg-2 g with 120 ml Arq Gaozaban at bed time

Mufrad : Dissolve 3.5 g Alum (Phitkari Safed) in lukewarm water and gargle

Halitosis (Bakhr ul-Fam)

Dehlvi Galenus Pills – 1 Pill or Jawarish Jalinus or Dehlvi Galenus-SF – 5 g after both meals

Barshasha – 500 mg - 2 g with 120 ml Arq Gaozaban at bed time

Mufrad : Mix 25 ml Lemon Juice in 120 ml water. Gargle after both meals

Stammering (Luknat)

Braini or Amleena – 20 g daily in the morning with breakfast

Aqarqarah Capsule - Open one Capsule of Aqarqarah and put the content on the tongue. Rinse after 5 minutes

Qurs Kushta Marjan Jawahar – 1 Tab after both meals

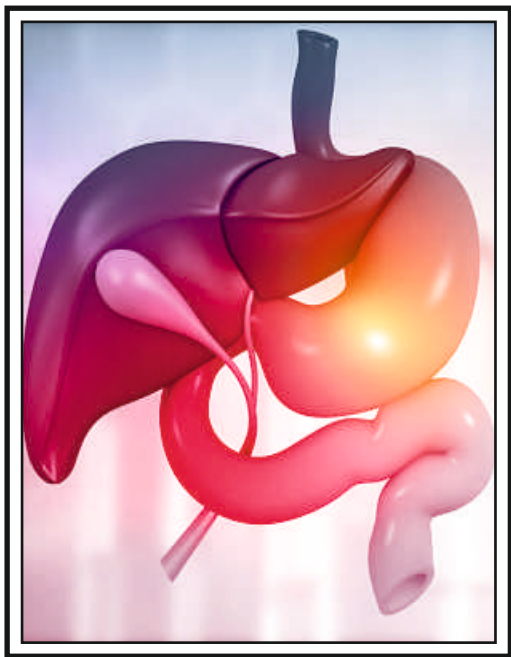
Tonsilin – Apply on tongue 2-3 times a day

Elongation of the Uvula (Suqat al-Lahah)

Sharbat Toot Siah - 25 ml in the morning and evening with hot water

Mufrad : Take the Juice of Garlic (Lehsan) and mix it with equal quantity of Honey. Use as throat paint

Liver, Gall Bladder & Spleen



DISORDERS

**“AMRAZ-E-
KABID,
MARAARA
WA TIHAL”**

Hepatic Insufficiency (Zo'f-e-Kabid)

Dehlvi D.Ward Capsules – 1-2 Caps or Majun Dabidul Ward or Dehlvi Majun

D.Ward-SF – 5-10 g after both meals

Jawarish Anarain – 5 g in the morning

Jigron Syrup or Jigron-SF – 10 ml after both meals

Kuliah Bazoori-SF – 10 ml or Sharbat Bazoori Motadil – 25 ml in the morning, afternoon and evening

Mako Kasni Ras – 10 ml or Mako Kasni Capsules - 1-2 Caps after both meals

Dehlvi Dinar-SF or Sharbat Dinar – 25 ml after both meals

Mufrad : Soak 25 g Triphala Powder in 60 ml Vinegar for 24 hours and dry.

Take 3 g in the morning

Hepatitis (Warm al-Kabid)

Arq Arba – 25 ml in the morning

Dehlvi D.Ward Capsules – 1-2 Caps or Majun Dabidul Ward or Dehlvi Majun

D.Ward-SF – 5-10 g after both meals

Habbe Kabid Naushadri – 2 Pills after both meals

Iksir Jigar – 2 Tab after both meals

Jigron Syrup or Jigron-SF – 10 ml after both meals

Mako Kasni Ras – 10 ml or Mako Kasni Capsules - 1-2 Caps after both meals

Kuliah Bazoori-SF – 10 ml or Sharbat Bazoori Motadil – 25 ml in the morning, afternoon and evening

Dehlvi Dinar-SF or Sharbat Dinar – 25 ml after both meals

Mufrad : Local application of the paste of Black Mustard with cow milk

Bilious Liver (Hararat-e-Jigar)

Arq Arba – 25 ml in the morning

Arq Kasni – 25 ml after both meals

Jawarish Amla Sada – 5-10 g after both meals

Jawarish Anarain – 5-10 g after both meals

Kuliah Bazoori-SF – 10 ml or Sharbat Bazoori Motadil – 25 ml in the morning, afternoon and evening

Cirrhosis (Salaabat al-Kabid)

Dehlvi D.Ward Capsules – 1-2 Caps or Majun Dabidul Ward or Dehlvi Majun

D.Ward-SF – 5-10 g after both meals

Habbe Kabid Naushadri – 2 Pills after both meals

Jigron Syrup or Jigron-SF – 10 ml after both meals

Kuliah Bazoori-SF – 10 ml or Sharbat Bazoori Motadil – 25 ml in the morning, afternoon and evening

Mako Kasni Ras – 10 ml or Mako Kasni Capsules - 1-2 Caps after both meals

Dehlvi Dinar-SF or Sharbat Dinar – 25 ml after both meals

Note: Use Curd (Dahi) and Butter Milk (Chach) in your diet

Jaundice (Yarqan)

Jawarish Anarain – 5 g after both meals

Dehlvi D.Ward Capsules – 1-2 Caps or Majun Dabidul Ward or Dehlvi Majun

D.Ward-SF – 5-10 g after both meals

Habbe Kabid Naushadri – 2 Pills after both meals

Kuliah Bazoori-SF – 10 ml or Sharbat Bazoori Motadil – 25 ml in the morning, afternoon and evening

Sharbat Kasni – 25 ml after both meals

Mako Kasni Ras – 10 ml or Mako Kasni Capsules - 1-2 Caps after both meals

Note: Avoid a Fatty diet and restrict excess salt intake

Mufrad : Crush and boil 12 g Mehendi Leaves in 180 ml water and strain. Give in the morning

Hepatomegaly (Azm al-Kabid)

Dehlvi D.Ward Capsules – 1-2 Caps or Majun Dabidul Ward or Dehlvi Majun

D.Ward-SF – 5-10 g after both meals

Dehlvi Dinar-SF or Sharbat Dinar – 25 ml after both meals

Habbe Kabid Naushadri – 2 Pills after both meals

Mako Kasni Ras – 10 ml or Mako Kasni Capsules - 1-2 Caps after both meals

Ascites (Istisqa Tabli)

Dehlvi D.Ward Capsules – 1-2 Caps or Majun Dabidul Ward or Dehlvi Majun

D.Ward-SF – 5-10 g after both meals

Dehlvi Dinar-SF or Sharbat Dinar – 25 ml after both meals

Iksir Jigar – 2 Tab after both meals

Irovita – 20 ml in the morning

Mako Kasni Ras – 10 ml or Mako Kasni Capsules – 1-2 Caps after both meals

Kuliah Bazoori-SF – 10 ml or Sharbat Bazoori Motadil – 25 ml in the morning, afternoon and evening

Mufrad : Give 2 g Purified Lac (Luk Maghsool) powder in the morning

Splenomegaly (Azm-e-Tihal)

Dehlvi D.Ward Capsules – 1-2 Caps or Majun Dabidul Ward or Dehlvi Majun

D.Ward-SF – 5-10 g after both meals

Dehlvi Dinar-SF or Sharbat Dinar – 25 ml after both meals

Jigron Syrup or Jigron-SF – 10 ml after both meals

Mako Kasni Ras – 10 ml or Mako Kasni Capsules – 1-2 Caps after both meals

Mufrad : Cut unripe Papaya into small pieces and put in vinegar and preserve. 6 g of Papaya to be given in the morning after sprinkling salt over them. Fresh unripe Papaya with salt can also be given

Anaemia (Faqr-ud-Dam)

Irovita or Sharbat Faulad – 10-20 ml twice daily

Galenus Pills – 1 Pill twice daily after both meals

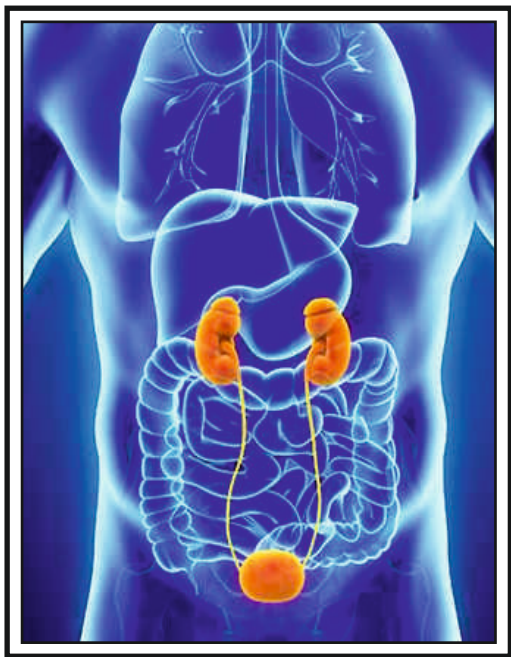
Qurs Kushta Khabsul Hadid – 2 Tab after both meals

Shilajit Capsules – 1-2 Cap after both meals

Spirulina Capsules – 2 Cap after both meals

Mufrad : Soak 25 g Triphala Powder in 60 ml Vinegar for 24 hours and dry. Give 3 g in the morning

Kidney & Bladder



DISORDERS

**“AMRAZ-E-
KULIA-O-
MASANA”**

Renal & Bladder Calculus (Hasat-ul-Kuliya-o-Masana)

Iksir Gurda – 1 Tab after both meals (if pain)

Kuliah Bazoori-SF – 10 ml or Sharbat Bazoori Motadil – 25 ml in the morning, afternoon and evening

UniCal - 2 Caps or Qurs Dawai Gurda – 1 Tab after both meals

Majun Aqrab – 5 g after both meals

Majun Hajrul Yahud – 5 g after both meals

Majun Sangsare Mahi – 5 g after both meals

Sharbat Aloo Baloo – 25-50 ml twice daily after both meals

Mufrad : Boil 6 g Kulthi in 120 ml water and add 25 ml juice of Mooli. Give in the morning

Renal Colic (Qulanj Kulwi)

Iksir Gurda – 1 Tab after both meals

Mako Kasni Ras – 10 ml or Mako Kasni Capsules - 1-2 Caps after both meals

Note: Give steam of decoction containing Gule Tesu, Babuna and Nakhuna on the renal area

Renal Atrophy (Huzaal al-Kuliya)

NephroEaze Syrup - 10-20 ml or NephroEaze Capsules - 1-2 Caps in the morning and evening

Dehlvi Falasafeen Capsules – 1-2 Caps or Majun Falasafa or Dehlvi

Falasafeen-SF – 5-10 g after both meals

Dehlvi Zaroon Sada Capsules – 1-2 Caps or Jawarish Zaroon Sada - 5-10 g after both meals

Majun Pambadana – 5 g after both meals

Mako Kasni Ras – 10 ml or Mako Kasni Capsules - 1-2 Caps after both meals

Dysuria (Usr al-Bol)

NephroEaze Syrup - 10-20 ml or NephroEaze Capsules - 1-2 Caps in the morning and evening

Banadequl Bazoor – 5 Pills at night

Prostate-BH – 2 Capsules after both meals

Gokhru Capsules – 2 Capsules after both meals

Kuliah Bazoori-SF – 10 ml or Sharbat Bazoori Motadil – 25 ml in the morning, afternoon and evening

Burning Micturition (Hurqat-ul-Bol)

Banadequl Bazoor – 5 Pills at night

Kuliah Bazoori-SF – 10 ml or Sharbat Bazoori Motadil – 25 ml in the morning, afternoon and evening

Safuf Indri Jullab – 5 g with Lassi (Curd) in the morning

Mufrad : Administer the mucilages of Quince Seeds (Behidana) and Isabghol along with cold water

Bed Wetting in Adults (Bol Fi'l Farash)

Dehlvi Falasafeen Capsules – 1-2 Caps or Majun Falasafa or Dehlvi

Falasafeen-SF – 5-10 g after both meals

Dehlvi Zaroon Sada Capsules – 1-2 Caps or Jawarish Zaruni Sada – 5-10 g after both meals

Majun Kundur – 5 g after both meals

Majun Masikul Bol – 5 g at night

Shilajit Capsules – 1 Cap or Shilajit Care – 10 ml after breakfast

Mufrad : Make fine powder of equal quantities of dried Water Chesnut (Singhara) and Sugar and give 6 g after both meals

Incontinence of Urine in Males (Salas-ul-Bol)

Dehlvi Falasafeen Capsules – 1-2 Caps or Majun Falasafa or Dehlvi

Falasafeen-SF – 5-10 g after both meals

Dehlvi Zaroon Sada Capsules – 1-2 Caps or Jawarish Zaruni Sada – 5-10 g after both meals

Majun Kundur – 5 g after both meals

Majun Masikul Bol – 5 g at night

Mufrad : Make a fine powder of equal quantities of Nutmeg (Jawitri) and Sugar and give 1 g after both meals

Albuminuria (Bol Zulaali)

NephroEaze Syrup - 10-20 ml or NephroEaze Capsules - 1-2 Caps in the morning and evening

Dehlvi Falasafeen Capsules – 1-2 Caps or Majun Falasafa or Dehlvi

Falasafeen-SF – 5-10 g after both meals

Dehlvi Zaroon Sada Capsules – 1-2 Caps or Jawarish Zaroon Sada - 5-10 g after both meals

Majun Pambadana – 5 g after both meals

Kuliah Bazoori-SF – 10 ml or Sharbat Bazoori Motadil – 25 ml in the morning, afternoon and evening

Mufrad : Make fine powder of Walnut (Akhrot) and give twice a day

Haematuria (Bol-ud-Dam)

NephroEaze Syrup - 10-20 ml or NephroEaze Capsules - 1-2 Caps in the morning and evening

Kuliah Bazoori-SF – 10 ml or Sharbat Bazoori Motadil – 25 ml in the morning, afternoon and evening

Qurs Kahruba – 2 Tab after both meals

Sharbat Anjabar – 25 ml after both meals

Qurs Bandish Khoon – 2 Tab after both meals

Mufrad : Make fine powder of Amla and mix in water. Add Sugar to give for drinking

Nephritis (Warm-e-Kulia)

NephroEaze Syrup - 20 ml or NephroEaze Capsules - 2 Caps in the morning and evening

Dehlvi D.Ward Capsules – 1-2 Caps or Majun Dabidul Ward or Dehlvi Majun

D.Ward-SF – 5-10 g after both meals

Mako Kasni Ras – 10 ml or Mako Kasni Capsules – 1-2 Caps after both meals

Dehlvi Dinar-SF or Sharbat Dinar – 25 ml after both meals

Gaozaban Capsules - 1-2 Caps in the morning

Mufrad : Make fine powder of Pomegranate Flowers (Gulnar) and give twice a day

Renal Failure (Fashal Kulwi)

NephroEaze Syrup - 20 ml or NephroEaze Capsules - 2 Caps in the morning and evening

Dehlvi D.Ward Capsules – 1-2 Caps or Majun Dabidul Ward or Dehlvi Majun

D.Ward-SF – 5-10 g after both meals

Mako Kasni Ras – 10 ml or Mako Kasni Capsules – 1-2 Caps after both meals

Arq Brinjasif - 20 ml after both meals

Dehlvi Dinar-SF or Sharbat Dinar – 25 ml after both meals

Cystitis (Warm-e-Masana)

NephroEaze Syrup - 20 ml or NephroEaze Capsules - 2 Caps in the morning and evening

Dehlvi D.Ward Capsules – 1-2 Caps or Majun Dabidul Ward or Dehlvi Majun

D.Ward-SF – 5-10 g after both meals

Arq Badiyan - 20 ml after both meals

Dehlvi Dinar-SF or Sharbat Dinar – 25 ml after both meals

Chronic Kidney Disease (Amraz Kulya Muzmin)

NephroEaze Syrup - 20 ml or NephroEaze Capsules - 2 Caps in the morning and evening

Mako Kasni Ras – 10 ml or Mako Kasni Capsules – 1-2 Caps after both meals

Jawarish Zaruni Ambari Banuskha Kalan – 5 g in the morning

Diet : Avoid excessive salt, proteins and fluids

Male Sexual



DYSFUNCTIONS

“AMRAZ-E-MARDANA”

Sexual Debility (Zo'f-e-Bah)

Dehlvi Salabmisri Murakkab Capsules – 1 Cap or Majun Salab or Dehlvi

Salabmisri-SF– 5 g or Dragon Force - 1 Cap in the morning

Dehlvi Arad Khurmeen Capsules– 1 Cap or Majun Arad Khurma or Dehlvi Arad Khurmeen-SF– 5 g after both meals

Dehlvi Jalal Capsules – 1 Cap or Majun Jalali – 5 g at night

Dehlvi L.Kabir Capsules – 1 Cap or Labub Kabir or Dehlvi L.Kabir-SF – 5 g at night

Habbe Ambar Momyai – 1 Pill or Dehlvi Wajid Nawabi Granules - 3 g with milk in the evening

Habbe Jadwar – 1-2 Pills twice daily with milk

Jawarish Shahi – 10 g after both meals

Mufrad : Make fine powder of Salep (Salab Misri). Give 6 g with milk

Excessive Nocturnal Emission (Kasrat-e-Ehtelaam)

Dehlvi Mughalliz Musli – 5 g in the morning

Sabateen – 4 Tabs in the morning

Dehlvi Arad Khurmeen Capsules– 1 Cap or Majun Arad Khurma or Dehlvi Arad Khurmeen-SF – 5 g after both meals

Jawarish Shahi – 10 g after both meals

Qurs Kushta Qalai – 2 Tabs after both meals

Safuf Beejband – 5 g in the morning with milk

Mufrad : Make a fine powder of 30 g Kahu Seeds and 30 g Dhanias Seeds. Mix 60 g Sugar. Give 5 g after both meals

Prostatitis (Warm-e-Ghudda-e-Mazi)

Prostate-BH – 2 Caps after both meals

Gokhru Capsules – 1-2 Caps after both meals

Majun Anjdan – 5 g after both meals

Kuliah Bazoori-SF – 10 ml or Sharbat Bazoori Motadil – 25 ml in the morning, afternoon and evening

Spermatorrhoea (Jiryaan)

Dehlvi Mughalliz Musli – 5 g in the morning

Dehlvi Arad Khurmeen Capsules– 1 Cap or Majun Arad Khurma or Dehlvi Arad Khurmeen-SF – 5 g after both meals

Habbe Jiryan Khas – 1 Pill after both meals

Jiryanil – 2 Caps after both meals

Majun Anjdan – 5 g after both meals

Qurs Kushta Qalai – 2 Tabs after both meals

Mufrad : Make a fine powder of equal quantities of Moosli Senbhal and Sugar and give 6 g after both meals

Premature Ejaculation (Sur'at-e-Inzaal)

Safuf Beejband – 5 g or Safuf Aslussoos – 10 g in the morning with milk

Dehlvi Shabab-e-Badshahi – 5-10 g after both meals

Jawarish Kamuni Kabir – 5 g after both meals

Dehlvi Mughalliz Musli - 5 g in the morning

Dehlvi Muqavvi wa Imsaki or Goli Wajid Nawabi or Dehlvi DR Mumsikeen - 1 pill with milk at night on an empty stomach

Habbe Jadwar – 1-2 Pills twice daily with milk

Habbe Nishat – 1-2 Pills at night with milk

Mufrad : Make a fine powder of equal quantities of Kernel of Konch Beej and Talmakhana and give this powder 3-6 g

Oligospermia (Qillat-e-Mani)

Dehlvi Mughalliz Musli – 5 g in the morning

Testron – 2 Caps or Jauhar Khusia - 1 g with milk in the morning

Gokhru Capsules – 1-2 Caps after both meals

Habbe Ambar Momyai – 1 Cap in the evening

Dehlvi Shabab-e-Badshahi - 5-10 g after both meals

Majun Pambadana – 5 g after both meals

Oligo-S – 2 Caps after both meals

Dehlvi Salabmisri Murakkab Capsules – 1 Cap or Majun Salab or Dehlvi

Salabmisri-SF – 5 g at night

Habbe Jadwar – 1-2 Pills twice daily with milk

Mufrad : Give Almond (Badam), Walnut (Akhrot) and Pine Nut (Chilghoza)

Azoospermia (Adam Nutfa)

Testron – 2 Caps or Jauhar Khusia - 1 g with milk in the morning

Gokhru Capsules – 1-2 Caps after both meals

Habbe Ambar Momyai – 1 Cap in the evening

Majun Aspand Sokhtani – 5 g after both meals

Oligo-S – 2 Caps after both meals

Dehlvi Salabmisri Murakkab Capsules – 1 Cap or Majun Salab or Dehlvi

Salabmisri-SF – 5 g at night

Hydrospermia (Riqat-e-Mani)

Safuf Beejband – 5 g or Safuf Aslussoos – 10 g in the morning with milk

Supari Pak Powder – 5-10 g in the morning

Dehlvi Zaron Sada Capsules – 1-2 Caps or Jawarish Zaruni Sada – 5-10 g after both meals

Qurs Kushta Nuqra – 2 Tabs in the evening

Dehlvi L.Kabir Capsules – 1 Cap or Labub Kabir or Dehlvi L.Kabir-SF – 5 g at night

Dehlvi Salabmisri Murakkab Capsules – 1 Cap or Majun Salab or Dehlvi Salabmisri-SF – 5 g at night

Mufrad : Make a fine powder of 40 gm of Salep (Salab Misri), 10 g Mastic Resin (Mastagi Roomi) and 10 g Sugar and give 6 g powder with milk.

Flaccidity of the Penis (Qazeeb ka Dheelapan)

Safuf Beejband – 5 g or Safuf Aslussoos – 10 g in the morning with milk

Dehlvi Jalali Capsules – 1 Cap or Majun Jalali – 5 g in the morning

Jawarish Kamuni – 5 g after both meals

PNile Capsules – 2 Caps after both meals

Habbe Ambar Momyai – 1 Pill in the evening with milk

Dehlvi L.Kabir Capsules – 1 Cap or Labub Kabir or Dehlvi L.Kabir-SF – 5 g or KVR Gold - 1 Pill at night with milk

Dehlvi Salabmisri Murakkab Capsules – 1 Cap or Majun Salab or Dehlvi Salabmisri-SF – 5 g at night

Night Bloom - 10 g at night or Dragon Force - 1 Cap in the morning with milk

Habbe Jadwar – 1-2 Pills twice daily with milk

PNile Oil or Wajid Nawabi Oil – Rub lukewarm

Atrophy of the Penis (Zaeef Qazeeb)

PNile Capsules – 2 Caps after both meals

PNile Oil or Wajid Nawabi Oil – Rub lukewarm

Night Bloom - 10 g at night or Dragon Force - 1 Cap in the morning with milk

Safuf Aslussoos – 10 g in the morning with milk

Itching of the Testicles (Hikkat-us-Safan)

Skin Clear Capsules – 2 Cap after both meals

Skin Clear Syrup or SkinClear-SF – 10 ml after both meals

Itrefal Shahtara – 5 g twice daily after both meals

Majun Chobchini - 5 g at night after dinner

Sharbat Unnab – 25 ml at night after dinner

Orchitis (Warm-al-Khusyatain)

Habbe Musaffi Khoon – 2 Pills after both meals

Itrefal Shahtara – 5 g after both meals

Majun Ushba – 5 g after both meals

Zamad Warm Unsiyain – Mix 10 g with Mako and apply on the testicles. Wrap with Castor (Arandi) leaf

Syphilis (Atshak)

Majun Musaffi Khas – 5 g in the morning

Sharbat Ushba Khas – 50 ml in the morning

Habbe Lemu – 1 Pill after both meals

Arq Rahat – 10 ml in the morning, afternoon and evening

Eazy Heal Ointment – Apply locally twice a day

Marham Atshak – Apply along with Neem Leaf Water or plain water

Gonorrhoea (Suzaak)

Arq Rahat – 10 ml in the morning, afternoon and evening

Indmal – 1 Tab after meals

Kuliah Bazoori-SF – 10 ml or Sharbat Bazoori Motadil – 25 ml in the morning, afternoon and evening

Majun Jograj Guggul – 5 g in the morning

Arq Murakkab Musaffi Khoon – 25 ml or Sharbat Murakkab Musaffi Khoon – 25 ml after meals

Skin Clear Syrup or SkinClear-SF – 10 ml after both meals

Safuf Indri Jullab – 5 g with Lassi (Butter Milk) in the morning

Roghan Sandal – 1 ml to be put inside a Batasha (Sugar Candy) or on sugar and given with a glass of milk

Genital Herpes (Tanasuli Kharish)

Arq Rahat – 10 ml in the morning, afternoon and evening

Indmal – 1 Tab after meals

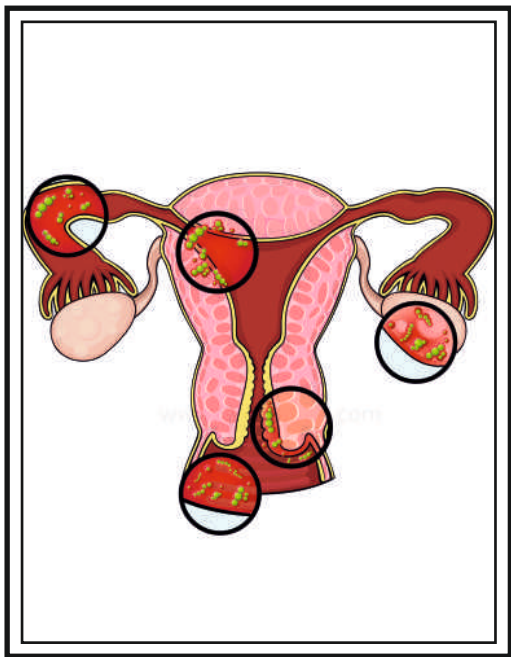
Sharbat Unnab – 20 ml in the morning and evening

Qurs Kushta Qalai – 1 Tab in the morning and evening

Habbe Musaffi Khoon – 1 Pills after both meals

Marham Atshak – Apply along with Neem Leaf Water or plain water

Gynaecological



DISORDERS

“AMRAZ-E-ZANANA”

Metritis (Warm-e-Reham)

Femone Jelly – 10 g in the morning

Majun Mochras – 10 g in the morning with milk

Dehlvi D.Ward Capsules – 1-2 Caps or Majun Dabidul Ward or Dehlvi Majun

D.Ward-SF – 5-10 g after both meals

Habbe Marwaridi – 1 Pill after both meals

Mako Kasni Ras – 10 ml or Mako Kasni Capsules - 1-2 Caps after both meals

CystoRite Syrup – 10-20 ml or CystoRite Capsules – 1-2 Caps twice daily after both meals

Marham Dakhliyun – Apply after mixing 5 g of this ointment with 5 ml fresh leaves of Mako or Roghan Gul with a cotton swab in the vagina at night.

Remove in the morning

Mufrad: Make a decoction of Amaltas and give twice a day

Vaginitis (Iltehab-e-Mehbal)

Habbe Musaffi Khoon – 2 Pills after both meals

Sharbat Unnab – 25 ml after both meals

Itrefal Shahtara – 5 g at night

Majun Ushba – 5 g at night

Marham Kafoori – For local application

Leucorrhoea (Sailan-ur-Reham)

Femone Jelly – 10 g in the morning

Majun Mochras – 10 g in the morning with milk

Majun Supari Pak –10 g in the morning

Selani – 2 Tabs in the morning

Habbe Marwaridi – 1 Pill after both meals

Leuco-Cure – 2 Caps after both meals

Qurs Kushta Sadaf – 2 Tabs after both meals

Mufrad: Make a fine powder of burnt kernel of Tamarind (Imli) seeds and give 1 g with water twice a day

Threatened Abortion (Isqaat-e-Hamal)

Femone Jelly – 10 g in the morning

Majun Hamal Ambari Alvi Khani – 5 g with milk in the morning from the 3rd month of pregnancy to the end of the 7th month

Majun Muqavvi Reham – 5 g in the morning

Supari Pak Powder – 5 g in the morning

Satawar Capsules – 1 Cap after both meals

Inability to Conceive (Uqr)

Majun Supari Pak – 10 g in the morning

Majun Muqavvi Reham – 5 g in the morning

Femone Jelly – 10 g in the morning

Habbe Hamal or Habbe Khwahish – 1 Pill with milk in the morning and evening for 3 days. On the 4th day, sexual intercourse is recommended. Treatment to be continued every menstrual cycle until conception occurs.

Satawar Capsules – 1 Cap after both meals

Menorrhagia (Kasrat-ul-Tams)

Khamira Marwareed – 5 g in the morning

Majun Mochras – 10 g in the morning with milk

Iksir Khawateen or Iksir Khawateen-SF – 10 ml after both meals

CystoRite Syrup – 10-20 ml or CystoRite Capsules – 1-2 Caps twice daily after both meals

Qurs Kushta Sadaf – 2 Tabs after both meals

Sharbat Anjabar – 25 ml after both meals

Majun Supari Pak – 10 g at bed time

Qurs Kahruba – 1 Tab at bed time

Mufrad : Make a fine powder of equal quantities of Geru and Sang-e-Jarahat and give 6 g of this powder after both meals

Dysmenorrhoea ('Usr-ut-Tams)

Ashoka Capsules – 1 Cap after both meals

Habbe Mudir – 1 Pill after both meals

Iksir Khawateen or Iksir Khawateen-SF – 10 ml after both meals

Satawar Capsules – 1 Cap after both meals

Jawarish Kamuni or Dehlvi Kamoon-SF or Chatori Chatni– 10 g after both meals

Barshasha – 3 g at night if extreme pain

Mufrad : Mix 500 mg Heeng with 6 g Jaggery (Gur) and give daily for 3-5 days during menstrual period

Amenorrhoea (Ihtebaas-e-Tams)

Habbe Mudir – 1 Pill in the morning, afternoon and at night

Sharbat Mudir – 10 ml after both meals

Iksir Khawateen or Iksir Khawateen-SF – 10 ml after both meals

Jawarish Kamuni or Dehlvi Kamoon-SF or Chatori Chatni– 10 g after both meals

Dehlvi Majun Kalonji – 10 g after both meals

Regulate – 1 Cap after both meals

Mufrad : Make a fine powder of equal quantities of kernel of Cotton Seeds (Binaula) and Sugar and give this powder 6 g after both meals

Pre & Post Menopausal Syndrome (Sinne Ya's)

Ashoka Capsules – 1 Cap after both meals

Menso-P – 2 Caps after both meals

Ashwagandha Capsules – 1 Cap after both meals

Iksir Khawateen or Iksir Khawateen-SF – 10 ml after both meals

Note: Ashwagandha Capsule is contraindicated in Hypothyroidism patients and pregnant woman

Mufrad : Give fine powder of 1 g Asraul with milk or Arq Gulab

Polycystic Ovary, Irregular Menses & Uterine Fibroids (Daweera-e-Khusyatut Reham, Haiz ki Bayqaydgi & Sala al-Reham)

CystoRite Syrup – 20 ml or CystoRite Capsules – 2 Caps after both meals

Femone Jelly – 10 g in the morning

Dehlvi D.Ward Capsules – 1-2 Caps or Majun Dabidul Ward or Dehlvi Majun

D.Ward-SF – 5-10 g after both meals

Mako Kasni Ras – 10 ml or Mako Kasni Capsules - 1-2 Caps after both meals

Majun Muqavvi Reham – 5 g in the evening

Marham Dakhliyun – Apply after mixing 5 g of this ointment with 5 ml fresh leaves of Mako or Roghan Gul with a cotton swab in the vagina at night.

Remove in the morning

Valvular Itching (Hikkat-ul-Mahbal)

Habbe Musaffi Khoon – 2 Pills after both meals

Sharbat Unnab – 25 ml after both meals

Itrefal Shahtara – 5 g at night after dinner

Majun Ushba – 5 g at night after dinner

Marham Kafoori – For local application

Mufrad : Grind 3 g Camphor (Kafoor) in 25 ml Arq Gulab. Soak a piece of cloth in it and keep the cloth on the affected part. Repeat as often required

Prolapse of the Uterus (Inzilaq-ur-Reham)

Femone Jelly – 10 g in the morning

Khamira Marwareed or Dehlvi Khamira Moti-SF – 5 g in the morning

Majun Mochras – 5 g after both meals

Majun Muqavvi Reham – 5 g in the evening

Depressed Libido (Jinsi Khwahishat wa Josh ki kami)

Femone Capsules – 1 Cap at night 1 hour after meal

Habbe Ambar Momyai – 1 Pill in the evening

Satawar Capsules – 2 Cap after both meals

Dehlvi L.Kabir Capsules - 1 Cap or Dehlvi L.Kabir-SF or Labub Kabir – 5 g at night

Underdeveloped Breasts (Chote Pastan)

FirmUp Capsules – 2 Cap after both meals

Methi Capsules – 2 Cap after both meals

FirmUp Lotion – Apply and gently massage on breasts

Hysteria (Ikhtinaaq-ur-Reham)

Dawa-ush-Shifa – 1 Tab at night

Khamira Gaozaban Ambari Jadwar Ud Saleebwala or Dehlvi Gaozabani

Ambari Jadwari-SF – 5 g at night

Majun Nijah – 5 g at night

Tagar Capsules – 1 Cap at bed time.

Mufrad : Make a fine powder of 12 g Coriander Seeds (Dhania) and 4 g Asraul. Give 2 g with water at bed time

Hardening of the Uterus (Tasallub Reham)

Dehlvi D.Ward Capsules – 1-2 Caps or Majun Dabidul Ward or Dehlvi Majun

D.Ward-SF – 5-10 g after both meals

Kuliah Bazoori-SF – 10 ml or Sharbat Bazoori Motadil – 25 ml in the morning, afternoon and evening

Marham Dakhliyun – Apply after mixing 5 g of this ointment with 5 ml fresh leaves of Mako or Roghan Gul with a cotton swab in the vagina at night.

Remove in the morning

Suppressed Post-Partum Lactation (Qillat-ul-Laban)

Arq Dashmool – 75 ml after both meals

Lacta-M – 2-3 Caps after both meals

Pambadana Capsules – 1-2 Caps after both meals

Satawar Capsules – 1-2 Caps after both meals

Majun Pambadana – 10 g in the evening

Mufrad : Make a fine powder of 5 g Fennel Seeds (Badiyan) and give with milk twice a day

Post Natal Retention of Lochia (Ihtibaasul-Nafas)

Arq Zachcha – 50 ml in the morning and evening

Kuliah Bazoori-SF – 10 ml or Sharbat Bazoori Motadil – 25 ml in the morning, afternoon and evening

Arq Dashmool – 75 ml after both meals

Post Natal General Weakness (Baad az Wiladat Zo'f-e-Aam)

Energine Tonic or Ambar-Gile or Ambar-Gile SF – 20 ml in the morning and evening

Femone Jelly – 10 g in the morning

Habbe Marwaridi – 1 Pill after both meals

Supari Pak Powder – 5-10 g after both meals

Post Natal Backpain (Baad az Wiladat Kamar Dard)

Femone Jelly – 10 g in the morning

Habbe Suranjan – 2 Pills after both meals

Majun Supari Pak – 5-10 g after both meals

Supari Pak Powder – 5-10 g after both meals

Roghan Dard - Apply a small quantity on the affected area and massage gently

Dysfunctional Uterine Bleeding (Istihaza)

Jawarish Amla Sada – 10 g in the morning

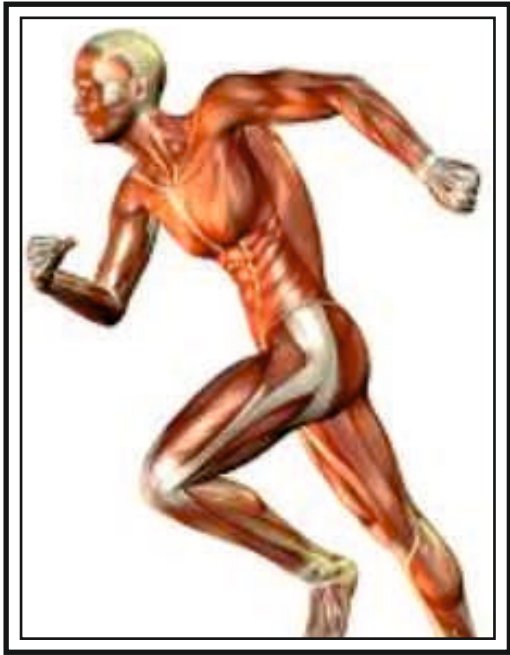
Dehlvi D.Ward Capsules – 1-2 Caps or Majun Dabidul Ward or Dehlvi Majun

D.Ward-SF – 5-10 g after both meals

Sharbat Anjabar – 25 ml after both meals

Habbe Marwaridi – 1 Pill after both meals

Diseases of Joints



**“AMRAZ-E-
MAFASIL”**

Joint Pain (Waja-ul-Mafasil)

Alovera Jelly – 25 g in the morning

Habbe Suranjan – 2 Pills after both meals

Qurs Kushta Gaadhanti or Qurs Kushta Sadaf – 2 Tabs after both meals

Rheuma – 2 Caps or Ostopain Tablets – 2 Caps after both meals

Majun Jograj Guggul – 5 g in the evening

Dehlvi Suranjan Mafasil Capsules – 1-2 Caps or Majun Suranjan – 5-10 g at night

Dehlvi Roghan Phosphorus – Apply with cotton on the affected part or

Ostopain Massage Oil or Ostopain Ointment - Apply on affected part and massage gently

Or

Alovera Jelly – 25 g in the morning

Qurs Kushta Gaadhanti or Qurs Kushta Sadaf – 2 Tabs after both meals

Majun Jograj Guggul – 5 g in the evening

Dehlvi Pain Relief Capsules – 1 Cap after both meals

UriCap – 1-2 Caps after both meals

Super Daily D – 2 Caps after both meals

Dehlvi Roghan Phosphorus – Apply with cotton on the affected part or

Ostopain Massage Oil or Ostopain Ointment - Apply on affected part and massage gently

Osteoporosis (Wahan-ul-'Izaam)

Calvit-C – 2 Caps after both meals

Osto-P – 2 Caps after both meals

Pearl Calcium – 2 Caps after both meals

Super Daily D – 2 Caps after both meals

Khamira Marwareed – 5 g in the morning with milk

Sports Injuries

Dehlvi Suranjan Mafasil Capsules – 1-2 Caps or Majun Suranjan – 5-10 g at night

Haldi Capsules – 2 Caps after both meals

Roghan Dard – Apply TID on the affected part and massage slowly

Gout due to High Uric Acid (Nuqrus)

Calvit-C – 2 Caps after both meals

Guggul Capsules – 2 Caps after both meals

Majun Chobchini – 5 g after both meals

Majun Jograj Guggul – 5 g in the morning

Dehlvi Suranjan Mafasil Capsules – 1-2 Caps at night or Majun Suranjan – 5-10 g at night

UriCap – 2 Caps twice daily after meals

Dehlvi Roghan Phosphorus – Apply with cotton on affected part or Ostopain

Massage Oil or Ostopain Ointment – Apply on affected part and massage gently

Lumbago (Waja-ul-Qatan)

Alovera Jelly – 25 g in the morning

Habbe Azaraqi – 2 Pills after both meals

Dehlvi Falasafeen Capsules – 1-2 Caps or Majun Falasfa or Dehlvi Majun

Falasafeen-SF – 5 g after both meals

Super Daily D – 2 Caps twice daily after meals

Qurs Kushta Gaudhanti – 2 Tabs after both meals

Senna Capsules – 2 Caps at night

Dehlvi Roghan Phosphorus – Apply with cotton on affected part or Ostopain

Massage Oil or Ostopain Ointment – Apply on affected part and massage gently

Frozen Shoulder (Jakda Kandha)

Dehlvi Asab Plus – 1 Pill in the morning

Dehlvi Falasafeen Capsules – 1-2 Caps or Majun Falasfa or Dehlvi Majun

Falasafeen-SF – 5 g after both meals

Super Daily D – 2 Caps twice daily after meals

Dehlvi Roghan Phosphorus – Apply with cotton on affected part or Ostopain

Massage Oil or Ostopain Ointment – Apply on affected part and massage gently

Note : Hijamah is advised

Osteoarthritis (Tahajjur Mafasil)

Super Daily D – 2 Caps twice daily after meals

Haldi Capsules – 2 Caps after both meals

Habbe Azaraqi – 2 Pills after both meals

Habbe Suranjan – 2 Pills or Ostopain Tablets – 2 Tablets after both meals

Salai Guggul Capsules – 2 Caps after both meals

Senna Capsules – 2 Caps at night

Cervical Spondylosis (Waja-ul-Unq)

Dehlvi Asab Plus - 1 Pill in the morning and evening

Calvit-C – 2 Caps after both meals

Salai Guggul Capsules - 1-2 Caps after both meals

Dehlvi Suranjan Mafasil Capsules – 1-2 Caps at night or Majun Suranjan – 5-10 g at night

Majun Chobchini – 5-10 g after both meals

Dehlvi Roghan Phosphorus – Apply with cotton on affected part or Ostopain

Massage Oil or Ostopain Ointment – Apply on affected part and massage gently

Note : Hijamah is advised

Tennis Elbow (Kohni ka Dard)

Habbe Asab Nuqrai - 1 Pill in the morning and evening

Habbe Asgand - 1-2 Pills after both meals

Salai Guggul Capsules - 1-2 Caps after both meals

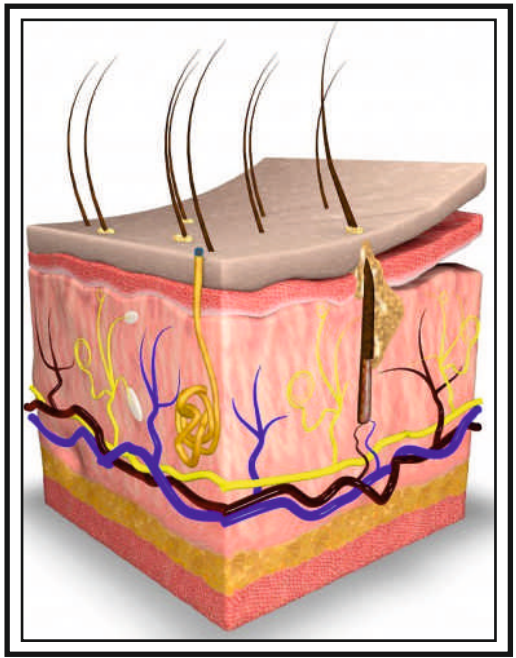
Dehlvi Suranjan Mafasil Capsules – 1-2 Caps at night or Majun Suaranjan – 5-10 g at night

Dehlvi Roghan Phosphorus – Apply with cotton on affected part or Ostopain

Massage Oil or Ostopain Ointment – Apply on affected part and massage gently

Note : Hijamah is advised

Skin & Hair



DISORDERS

**“AMRAZ-E-
JILD-WA-
SHA’R”**

Boils, Pimples & Other Skin Eruptions (Phode, Phunsi aur digar Jildi Amraz)

Arq Murakkab Musaffi Khoon – 25 ml after both meals

Majun Musaffi Khas or Majun Ushba – 5 g after both meals

SkinClear Capsules – 2 Caps or SkinClear Syrup or SkinClear-SF – 10 ml after both meals

Husne Jamaal – Apply 5 g with water or Arq Gulab at night and wash off in the morning

Easy Heal Ointment – For local application twice daily

Eczema (Naar Faarsi)

Arq Murakkab Musaffi Khoon – 25 ml after both meals

Majun Musaffi Khas or Majun Ushba – 5 g after both meals

SkinClear Capsules – 2 Caps after both meals

SkinClear Syrup or SkinClear-SF – 10 ml after both meals

EczeCream Ointment– Apply TID

Psoriasis (Taqashur-ul-Jild)

Arq Murakkab Musaffi Khoon – 25 ml after both meals

Majun Musaffi Khas or Majun Ushba – 5 g after both meals

SkinClear Capsules – 2 Caps after both meals

SkinClear Syrup or SkinClear-SF – 10 ml after both meals

Itrefal Shahtara – 5 g after both meals

Psoro-Aid Ointment - Apply BID

Vitiligo (Bars)

Babchi Capsules – 2 Caps after both meals

Derma Aid Ointment - Apply BID and expose to sunlight

Majun Musaffi Khas or Majun Ushba - 5 g after both meals

SkinClear Capsules – 2 Caps after both meals

SkinClear Syrup or SkinClear-SF – 10 ml after both meals

Safuf Bars - Soak 5 gm of Safuf Bars in 25 ml of hot water keep overnight.

Next morning strain the water and drink. Give the residue and grind it in

Vinegar or water to make a paste and apply on the spots and then expose to sunlight. To be given for at least 40 days

Acne (Busoor-e-Labaniya)

Arq Murakkab Musaffi Khoon – 25 ml BID after both meals

Majun Musaffi Khas or Majun Ushba – 5 g after both meals

SkinClear Capsules – 2 Caps after both meals

SkinClear Syrup or SkinClear-SF – 10 ml after both meals

Husne Jamaal – Apply 5 g with water or Arq Gulab at night and wash off in the morning

Eazy Heal Ointment – For local application twice daily

Ringworms (Qooba)

Itrefal Shahtara – 5 g after both meals

Majun Musaffi Khas or Majun Ushba – 5 g after both meals

Neem Capsules – 1 or 2 Caps after both meals

SkinClear Capsules – 2 Caps or SkinClear Syrup or SkinClear-SF – 10 ml after both meals

Marham Kafoori – For local application twice daily

Mufrad : Grind 12 g Tulsi leaves with water to make a paste. Apply on affected area twice

Urticaria (Sharaa)

Sharbat Unnab – 25 ml after both meals

SkinClear Capsules – 2 Caps after both meals

SkinClear Syrup or SkinClear-SF – 10 ml after both meals

Jawarish Kamuni Mushil – 5 g at night

Mufrad : Mix equal quantities of Vinegar and Arq Gulab and apply twice

Diabetic Foot Ulcer, Varicose Ulcer & Bed Sores (Qaruh al-Qadam, Qarha Dawaliyya aur Qarha Qatat)

Eazy Heal Ointment – Apply locally twice a day

Arq Murakkab Musaffi Khoon – 25 ml after both meals

SkinClear Capsules – 2 Caps after both meals

SkinClear Syrup or SkinClear-SF – 10 ml after both meals

Itrefal Shahtara – 5 g after both meals

Habbe Musaffi Khoon – 1-2 Pills after both meals

Mufrad : Make a paste of raw Papaya (Papita) and apply on the affected areas

Hair Fall (Inteshaar-al-Sha'r)

Treat Hair Care Capsules – 2 Caps after both meals

Treat Herbal Hair Oil – Apply at night

Treat Black Hair Soap or Treat Herbal Shampoo – Wash hair with the Soap or Shampoo

Roghan Arba or Roghan Labub Saba – For massage

Note: Nutool (Irrigation Therapy) is advised

Premature Greying of Hair

Dehlvi Galenus Pills – 1 Pill or Jawarish Jalinus or Dehlvi Galenus-SF – 5 g after both meals

Treat Hair Care Capsules – 2 Caps after both meals

Dehlvi Jarroob Dimagh Capsules – 1-2 Caps or Itrefal Ustkhuddus - 5 g at night

Treat Herbal Hair Oil – Apply at night

Treat Black Hair Soap or Treat Herbal Shampoo – Wash hair with the Soap or Shampoo

Alopecia areata (Da-ul-Sa'lab)

Dawai Balkhora - Wash the patch with carbolic soap or Neem water. Then apply and massage the area

Dehlvi Roghan Zarareeh – Apply on patches

Seb Sirka – Apply on patches

Child Health



CARE

**“AMRAZ-E-
ATFAL”**

Indigestion (Butlaan-ul-Hazm)

Energine or Ambar-gile or Dehlvi Natural Health Tonic – 5 ml after breakfast and dinner

Dehlvi Natural Baby Tonic – 1/4 - 2 Teaspoons in the morning and evening

Dehlvi Ghutti – Neonates - 10 drops twice daily; Infants - 1/4 to 1 tsp twice daily

Infantile Epilepsy (Sara' al-Atfal)

Habbe Jund – 1 pill to be dissolved in mother's milk and given every 3-4 hours

Khamira Gaozaban Ambari Jadwar Ud Saleebwala – 2-4 g in the morning on an empty stomach

Khamira Marwareed – 1-3 g in the morning on an empty stomach

General Debility in Children (Zo'f-e-Aam)

Energine or Ambar-gile or Dehlvi Health Tonic – 5 ml after breakfast and dinner

Khamira Marwareed – 1-3 g in the morning

Dehlvi Natural Baby Tonic – 1/4 - 2 Teaspoons in the morning and evening

Dehlvi Healthy Kids Gummies – Children – 1-2 gummies once a day;

Adolescents – 1-2 gummies twice a day

Qurs Kushta Marjan – 1 Tab in the morning

Constipation in Children (Qabz)

QabzKure – 3-5 ml at night with lukewarm water

Roghan Badam Shirin – 2 ml twice a day with milk

Diarrhoea in Children (Ishaal)

Arq Ajeeb – 2 drops mixed in half glass of water in the morning and evening

Dehlvi Natural Baby Tonic – 1/4-2 Teaspoons in the morning and evening

Infantile Bronchopneumonia (Warm Ri'a-ul-Atfal)

Kushta Qarnulail – 30-60 mg after both meals

Lauq Sapistan Khayarshambari – 3-5 g after both meals

Qairooti Arde Krisna – 10 g mixed with 5 ml Roghan Tarpeen (Turpentine Oil) and applied on the ribs and chest and covered with warm cloth

Loss of Memory in Kids (Nisyaan Atfal)

Braini or Amleena – 5-10 g in the morning and evening

Dehlvi Braini Herbal Gummies – Children – 1-2 gummy once a day;

Adolescents – 1-2 gummies twice a day

Qurs Kushta Marjan – 1 Tab in the morning

Bed Wetting (Bol Fi'l Farash)

Majun Falasafa – 3-5 g after both meals

Jawarish Zaruni Sada – 3-5 g after both meals

Majun Kundur – 3-5 g after both meals

Cough (Sual wa Surfa)

Qurs Kushta Gaodanti – 1 Tab after both meals

Qurs Kushta Abrak Siah – 1 Tab after both meals

KufNo Tablets – 1 Tab dissolved in hot water 2-3 times a day

Lauq Sapistan – 2-3 g after both meals

Dehlvi KufNo Herbal Gummies – Children – 1 gummy once a day;

Adolescents – 1-2 gummies twice a day

Anorexia (Zof-e-Isteha)

Jigron Kids – 5 ml twice daily after both meals

Engine or Ambar-gile or Dehlvi Natural Health Tonic – 5 ml after breakfast and dinner

Bone Issues due to Calcium Deficiency (Haddiyon me Calcium ki Kami)

Qurs Kushta Marjan – 1 Tab in the morning

Khamira Marwareed – 1-3 g in the morning on an empty stomach

Dehlvi Natural Baby Tonic – 5 ml twice a day

Lal Tail – For Massage

Immunomodulation (Quwwat Madafati Nizaam Me Tabdili)

Dehlvi Immuno Wonder Gummies – Children – 1 gummy once a day;

Adolescents – 1-2 gummies twice a day

Dehlvi Apple Cider Vinegar Gummies – Children – 1 gummy once a day;

Adolescents – 1-2 gummies twice a day

Attention Deficit Hyperactivity Disorder (Adam Tawajjahi)

Cozy Sleep Herbal Gummies – Children – 1-2 gummies at night;

Adolescents – 2 gummies at night

Disturbed Sleep (Bechain Neend)

Cozy Sleep Herbal Gummies – Children – 1-2 gummies at night;

Adolescents – 2-3 gummies at night

Roghan Badam Shirin – Massage on scalp

Intestinal Worms (Didan-e-Am'a)

KidSafe Worm Guard – 3 ml in the morning and evening with water

Qurs Deedan Jadid – 1-2 tablets in the morning and evening with water.

Roghan Arandi (castor Oil) 25 to 50 ml mixed with warm milk should be given once a week to remove the dead worms from the stomach

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Gummies

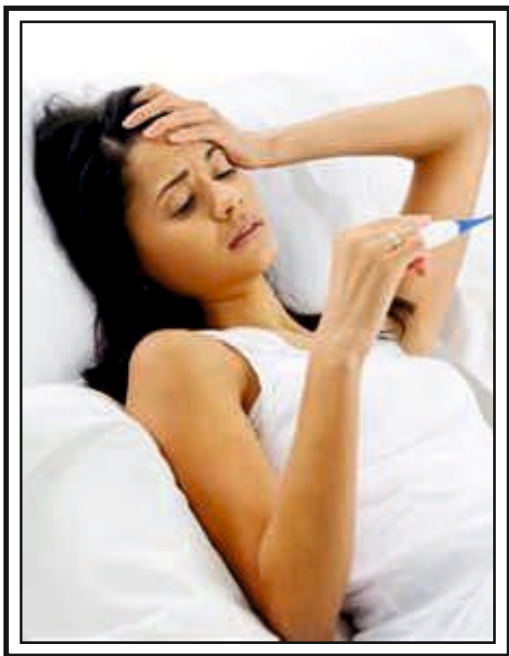
KIDS & ADOLESCENTS



Dehlvi Healthy Kids Gummies, a fun and delicious way for your child to get the daily dose of powerful natural ingredients! These tasty gummies are packed with Ashwagandha, Giloy, and Amla, a carefully chosen blend to support your child's well-being naturally. Ashwagandha, an adaptogenic herb, is renowned for its ability to support a healthy stress response, promoting relaxation and focus in young minds. Giloy is documented scientifically to boost the immune system and support overall well-being and Amla is a natural source of Vitamin C which is a potent antioxidant that helps to protect growing bodies from free radical damage.

Indications: Stress, lack of immunity, lack of energy and general debility. Protects against free radicals, supports healthy digestion, metabolism, liver health and physical and cognitive development, arthritis, respiratory disease, immune deficiency and reduces oxidative stress linked to heart disease.

Fever



“HUMMA”

Viral Fever (Humma-e-Safravi)

Arq Nilofar – 50 ml after both meals

Dafa-e-Bukhar – 2 Tabs after both meals

Sharbat Khaksi – 25 ml after both meals

Sharbat Unnab or Sharbat Banafsha – 25 ml or Khamira Banafsha - 5-10 g after both meals

Sharbat Nilofar – 25 ml after both meals

Dehlvi Jarroob Dimagh Capsules – 1-2 Caps or Itrefal Ustkhuddus or Dehlvi

Itrefal Jarroob Dimagh-SF – 5 g at night

Non-Specific Fever (Humma-e-Aam)

Habbe Shifa - 1 Pill after both meals

Qurs Kushta Marjan Jawahar – 1-2 Tabs after both meals

Sehat Bakhsh – 30 ml after both meals

Sharbat Khaksi – 25 ml after both meals

Sharbat Ustkhuddus – 25 ml after both meals

Gilo Capsules – 1-2 Caps after both meals

Mufrad : Grind fresh 25 g Tulsi leaves and 1 g Black Pepper (Kali Mirch) and make 250 mg pills. Give 1 Pill BID

Typhoid Fever (Moti Jharra)

Khamira Marwareed – 3 -5g in the morning on an empty stomach

Dafa-e-Bukhar – 2 Tabs after both meals

Sharbat Khaksi – 25 ml after both meals

Dehlvi Jarroob Dimagh Capsules – 1-2 Caps or Itrefal Ustkhuddus or Dehlvi

Itrefal Jarroob Dimagh-SF – 5 g at night

Gilo Capsules – 1-2 Caps after both meals

Measles (Khasra)

Khamira Marwareed – 3 -5 g in the morning on an empty stomach

Qurs Jawahar Mohra – 1 Tab after both meals

Sharbat Khaksi – 25 ml after both meals

Skin Clear Syrup or SkinClear-SF – 10 ml after both meals

Neem Capsules – 1-2 Caps after both meals

Gilo Capsules – 1-2 Caps after both meals

Mufrad : Boil 3 g Afsanteen in 120 ml water and give BID

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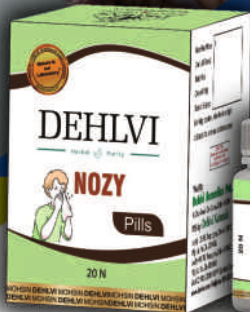
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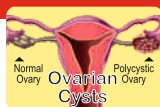
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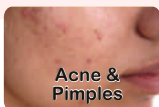
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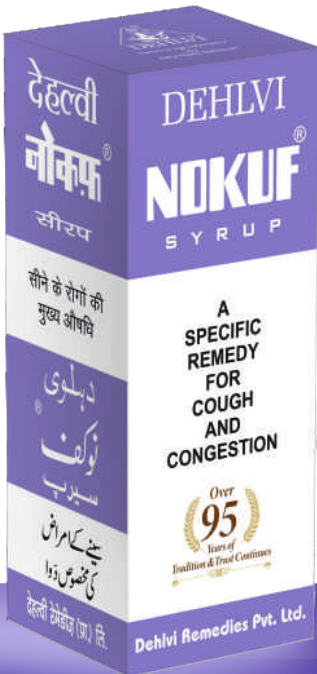
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